

Musculoskeletal Conditions Checklist

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Indicator Conditions	Observed	Performed	Comments
For each diagnosis, assessment or treatment procedure you might be employing with any one specific patient, please enter a number in the appropriate box. Once you have entered a procedure for one patient you do not need to enter it again as long as it is used again for the same patient. If you use a procedure again, BUT for a different patient, you should enter it again.			
MUSCULOSKELETAL			
A. Spinal Disorders			
- Low Back Strain / Sprain			
- Postural Dysfunction (Lordosis, Kyphosis, Scoliosis)			
- Disc Lesion (with and without neuro signs)			
- Spondylolysis			
- Spondylolisthesis			
- Spinal Stenosis			
- Instability			
B. Torticollis			
C. Whiplash Injury (acceleration / deceleration injury)			
D. TMJ Disorders			
E. Hand Disorders (dislocations, tendon repairs, Dupuytren Contracture, etc.)			
F. Meniscal Injuries (knee, wrist, etc.) / Plica Syndromes			
G. Anterior Knee Pain / PFPS			

H. Shin Splint / Periostitis			
I. Foot Disorders (Plantar Fasciitis, etc.)			
J. Sprains: Grades 1 - 3 (Cervical, Knee, Ankle)			
K. Strains: Grades 1 - 3 (Hamstrings, Rotator Cuff)			
L. Contusions (Adductor, Quadriceps)			
M. Tendonitis / Tendinosis			
N. Post-Surgical			
- Hip, Knee, Ankle, including Arthroplasty			
- Rotator Cuff (Bankart, etc.)			
O. Overuse Injuries (Bursitis, Tennis Elbow, Tenosynovitis, Long Finger Flexors, etc.)			
P. Dislocations			
- U/E (glenohumeral, A/C, finger, etc.)			
- L/E (patellar, etc.)			
Q. Subluxations			
- U/E (glenohumeral, A/C, finger, etc.)			
- L/E (patellar, etc.)			
R. Fractures (Spinal, Peripheral, Stress and Internal, External Fixation)			
S. Lower Motor Nerve Issues (Impingement, Injury, Entrapment)			
T. Chronic Regional Pain Syndrome (CRPS)			

U. Hypomobility Syndromes (Adhesive Capsulitis, Cast Immobilization, etc.)			
V. Hypermobility Syndromes / Instability / Impingement Syndromes (Knee, Shoulder, Ankle, Spine, Wrist)			
W. Polyarthritis			
- Rheumatoid Arthritis			
- Osteoarthritis			
- Ankylosing Spondylitis			
- Juvenile Idiopathic Arthritis			
X. Amputation			
Y. Osteoporosis			
Z. Bone Disorders (Osteomyelitis)			
AA. Fibromyalgia			
AB. Myositis Ossificans			
AC. Growth Disorders / Apophysis (Osgood Schlatters, Severs Disease)			