



The Globe

UBC PT CLINICAL EDUCATION



FACULTY OF MEDICINE

"Things do not change; we change."

Well, that quote from Henry David Thoreau makes a nice segue...

Over the past year there has been a lot of change for us here in Clin Ed (some welcome, some not). 2011 brings with it more change - positive change...

For starters, Sue is on the mend (see more, left), and just recently we've had a change of personnel. Sadly, Melissa has left her interim position she filled (so well) for us for over a year. Never fear - she has not gone far! She is staying with the department, in a permanent, and different, capacity as *Department Secretary and Assistant to the Head*. **Thanks for everything Melissa!!!**

With that, we are pleased to announce that **Ingrid Dill** has taken the position of *Clinical Placement Assistant*. Ingrid comes to us from Vancouver School Board where she has had administrative experience working with students and educators! **Welcome Ingrid!**

Welcome to 2011!



Well, 2011 is upon us. This is the **Year of the Rabbit**, and happens to be "my" year (oops, I think I've just given away my age...!!!).

"Regarded as one of the most fortunate of the twelve signs of the Chinese zodiac, the Rabbit is said to usher in a congenial, calm and gracious time, particularly welcome after the past year of the more intense sign of the Tiger."

Well, I think that not only sums up the last year for us here in Clin Ed (that pesky Tiger) but is our hope for this new year (a calm little bunny!).

On the home front, I am pleased to report that Sue has now finished her chemotherapy treatments and is (happily) embarking on the recovery process. She has begun to work a few hours a week from home and will slowly increase these hours over the next few months - she is under strict instructions from her Oncologist (and us!) not to overdo it!

Sue hopes to get back on site and full time later this year. In the meantime we continue to thank you for your patience until "normal Sue service" resumes!

Carolyn

P.S. This is a first. We have so much to say that I've had to put the newsletter onto longer paper!

TRes update: The excitement builds!

After several months of development and a trial phase involving second year students in January, T-Res is all set to undergo a pilot study when our MPT1 (first year) students go on their very first placements this spring. T-Res is an electronic portfolio system medical residents have been using for several years, but which is now being redesigned for use with the UBC MPT program. Currently students complete a paper-based log and reflective exercises as part of their learning while on placement. With the T-Res system they will be able to complete these requirements on a web-based application which can also be used on mobile devices like iPhones and Blackberries. T-Res will also provide students and faculty with more information as to what learning experiences each student has had and will help to determine individual learning needs.

UBC Physical Therapy students will be the first in Canada to use the T-Res system and we are very excited to be pioneers in regards to formulating T-Res for our clinical use. If you would like to see the system in action, ask your Level 1 students to show you how it works, or come and see a demo at our booth at the CPA Congress in Whistler this July.

Thanks again!

As a small end of the year "thank you" we held a draw (from our list of wonderful clinical site partners) and picked two names out of a hat - one public and one private site.



We are pleased to announce that **Surrey Memorial Hospital** (Teresa Francis and team) and **Guildford Physiotherapy & Hand Therapy Clinic** (Trevor Fraser and team) each received a \$150 Chapters gift card to help them add some new titles to their clinical library!

Meet the latest ClinEd Team...



Sue Murphy
ACCE

As the Academic Coordinator of Clinical Education (ACCE), Sue leads the Clinical Education team. As well as having responsibility for the overall planning and direction of the Clinical Education Program, Sue prepares students for fieldwork and provides a link between clinical sites and the department. She would be delighted to hear from you!



Carolyn Andersson
Clinical Education Officer

The Clinical Education Officer provides invaluable backup and support to the ACCE. Carolyn is responsible for multiple aspects of the Program, including coordination of Clinical Educator workshops, upkeep of our web page, and production of this newsletter and other student and marketing materials for the Program. She also coordinates the Clinical Education Committee meetings.



Ingrid Dill
Clinical Placement Assistant

Ingrid is our resident HSPnet specialist. As the logistical coordinator of student placements (including the call for offers, affiliation agreements and other paperwork required for each placement in BC), Ingrid fulfills a vital role in keeping student placements running smoothly and ensuring that the sites are supported.

Contact Us...

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Sue Murphy
ACCE
→ On medical leave

Carolyn Andersson
Clinical Education Officer
→ Contact Carolyn for workshop info
carolyn.andersson@ubc.ca

Ingrid Dill
Clinical Placement Assistant
→ Contact Ingrid about placement logistics
pt.placements@ubc.ca



Clinical Placement #5: Destination... India!

It's not too often our students fly halfway across the world to go on a placement, so we thought you might like to hear about the adventures of three MPT2 students who did just that, fulfilling one of their five-week placements India earlier this year...

By Andrea Mendoza, MPT2 student

Where can you find hollering street vendors, chattering shoppers, cups of chai, crispy samosas, and crazy auto-rickshaw drivers weaving around hundreds of sauntering cows? Why, in India, of course! This past winter, three of us second year UBC MPT students ventured to India in hopes of experiencing the vastly different culture and learning about health care in foreign rural areas.

We decided to skip out on Christmas break to travel, so we boarded Flight 582 to Delhi and toured the state of Rajasthan for two weeks. After many wonderful and some not-so-wonderful experiences, we flew down to Bangalore to meet Hilary Crowley, a pediatric physiotherapist from Prince George. We all took an overnight train to the city of Koppal, and were brought to the lovely Samuha Samarthya campus (*Samuha = gathering of people, Samarthya = ability*) - our home for the next five weeks. For the duration of our placement, we



Andrea

we were paired up with local community-based rehabilitation (CBR) workers, and we rode down dusty roads on the backs of motorbikes to small pockets of villages in the district of Koppal. Each of us was assigned a caseload of 6-7 patients, with diagnoses ranging in variety from pediatric disabilities to adult strokes to spinal cord injuries. The learning curve was steep; we had to assess, treat, and educate the patients and their families on conditions that we learned about but perhaps had not

seen to this extent. For example there was a 15-year-old boy with cerebral palsy and extensive contractures who had never had therapy before; a 60-year-old man with progressed tuberculosis that affected his spine and resulted in below-waist paralysis; and a 5-year-old boy with spina bifida, who had a lump the size of half a grapefruit.



Ryan

As we departed, we consolidated the many lessons into several take-home messages. Firstly, we realized how extremely blessed we are to live in a country that has a system in place to care for our disabled. Secondly, we learned that factors such as poverty, family dynamics, low education levels, and cultural norms have enormous impacts on general health as well as the delivery of the health care. Lastly, this experience has reinforced the fact that education IS empowerment - with the few tidbits we could give to families, we greatly changed the level of care that they could provide for those around them. All in all, we feel very grateful for our opportunity to work and travel in India, and would highly recommend this experience to anyone.

Andrea Mendoza

Jamie Burniston

Ryan Hik



Jamie

ClinEd Teaching Tip

WHY YOU SHOULD ALWAYS TRACK YOUR STUDENT SUPERVISION

Have you supervised a student recently or participated in a clinical education activity such as having a student shadow you or presenting to a group of students in the clinical setting? If so make sure you keep a note of what you did and when you did it! For work with individual students this includes keeping track of the names of students who you supervised (or who shadowed you, etc.), their program and level of education (e.g., first year or second year of the UBC MPT program - MPT1, MPT2) and the dates you supervised them.

For group activities, keep a note of the date of the activity, course number which the activity relates to, and the number of students in the group. This applies to students from UBC but also for students from other programs (and other professions if you are involved with their education). If you apply for clinical faculty status (which we hope you will if you are involved with Clinical Education at UBC!) it is very helpful to have this information for your application - and it is also good for your own records and professional portfolio.

Melissa's (final) FAQ corner...

How do we know if we are getting a student?



Understandably, sites can be confused about when we notify them as to whether or not they're actually getting a student. [Here's how it works...](#)

1. We (UBC PT) send out a call for offers to our sites six months before the placements begin.
2. The site lets us know what placements are available for that time frame.
3. We confirm the placements we will use 3-4 months before the placement. However, we often have extra offers that we **HOLD** (for unforeseen changes, cancellations, possible space for an out of province student, etc.). We need to keep offers open until we're quite certain we won't need them.
4. We formally cancel these "held" offers approximately six weeks in advance of the placement. At this time we let sites know that any "held" or pending offers won't be used.

If you have any comments or feedback about this process please feel free to contact us!

A special **GIGANTIC PURPLE THANK YOU** to Chiara Singh, for jumping in last year and helping us keep our Clinical Educator Workshops "on the road" in BC in 2010.

Besides workshops in the Lower Mainland (Burnaby, North Vancouver, Surrey, UBC, and Langley) we sent Chiara off to meet with 24 future Clinical Educators in Nanaimo, Penticton (in a snowstorm!) and Whitehorse.

If you can get together at least 6 PTs and would like us to organize a workshop in your community please contact Carolyn. *We'd love to hear from you!*

Comments? Want to be added to our mailing list?
Email: [Carolyn Andersson](mailto:Carolyn.Andersson)