

As I write this, all of us across this beautiful province (I believe) have enjoyed a beautiful, crisp, sunny Thanksgiving weekend. Thank you Mother Nature, for your impeccable timing! (*As I pick this up 10 days later, the Lower Mainland has been enshrouded in fog for the better part of 10 days, so there goes that...!*)

As always, it has been a busy year for us in Clin Ed here at UBC. Sue has facilitated 10 Clinical Educator Workshops, from Cranbrook to Victoria and Penticton to Abbotsford! Never a dull moment! Two new student-led clinics are coming on board this fall and that is exciting news. We have also had a few major changes (yes, again!) to our website pages, and the ways we can communicate with you. Turn the page and read all about them!

The more we elaborate our means of communication, the less we communicate.

– J. B. Priestley

John Boynton Priestley was an English novelist, playwright and broadcaster. He was born in 1894. How did he know about Facebook??? :)

In this new world of social media and immediacy, we just want to remind everyone that we are only a phone call away... Sue, Ingrid and I love speaking to real humans(!), and are happy to answer any questions you might have about becoming a Clinical Educator, advice on taking a student, or how we can collaborate to get students into your community on placement.

I won't say "Happy winter" — I just don't want to think that far ahead. Ugh.

"Happy remainder of fall" everyone!

Carolyn

We're breaking out --

with a Clin Ed News Feed!



It all started with a quick mention in an email from Andrea, one of our Clinical Educators (CE). *Was there a way for her to get our newsletter and any information updates directly, rather than having it funneled through her supervisor?* (and our site contact). That started my brain whirring a bit, and I'm happy to report on the creation of a new website page, featuring our Clinical Education News in the form of posts. Any interested CEs can now either view the posts online, or better yet subscribe to our RSS feed and get hot-of-the-presses posts from the Clin Ed team!!

We promise that your RSS reader or email inbox will not be clogged with our posts. We plan on using the feeds as an information portal - meaning you might get a reminder about the Recognition Program deadline from me, a head's up from Ingrid that a *Call for Offers* has just been sent, or a teaching tip from Sue.

Interested? We hope so! Just go [here](#) and click on the **orange Subscribe RSS** button.

And the winners are...

It's that time of year again, for the **V.I.P. Clinical Educator Recognition Program** draw. This program is a lottery for physios who take our students on clinical placement.

Every time you supervise an MPT student on a placement you earn points. When you have attained sufficient points you can submit an application for a draw (at various levels) and have the chance to win \$300, \$500, or \$1,000 (the top prize includes a 1-year PABC membership). Draws are twice a year in March and October.

Congratulations to the winners of our October 31, 2013 draw:

Cobalt Level (\$300)	Anne Leclerc Providence Health Care Youville, Langara and Brock Fahrni sites
Sapphire Level (\$500)	No entrants. This could have been you!
Royal Level (\$1,000 + 1-yr PABC membership)	Rebecca Shook Holy Family Hospital



For more information on the **V.I.P. Clinical Educator Recognition Program**, or to apply, [click here](#).

FYI our next draw deadline is March 1, 2014!!!



a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA

Department of Physical Therapy
Faculty of Medicine

Here we go again!!

Looking through our archives, it was the Summer 2012 edition of *The Globe* when I told everyone about new changes to our PT website front page and navigation. Well, a little over a year later, there are more changes! This time, quite substantial. Those of us who deal with content and maintenance of the UBC PT web pages have been working with our MedIT group to transition our website over to a new UBC CLF. "CLF" stands for "**common look and feel.**" UBC has come up with guidelines for how affiliated sites should **look** (e.g., colour schemes) and **feel** (e.g., navigation). If you had told me two years ago that I would be using terms like *loop code*, *leftnav*, and *breadcrumbs* and happily adding pages, creating forms and taking on the massive *Site Profiles* project, I would have laughed; I'm not that much of a techie. Thankfully, the platform now used by UBC (WordPress) is very user-friendly and we've become fast friends. Below is a quick overview.

Secondary menu navigation is now found on the left side of the page, once you've chosen an item from above. A chevron* facing down **V** means there is a further sub-menu to explore, so for example, you can click on **Workshops & Events** to see the sub-menus for **Clinical Educator Workshops** and **Registration Links**.

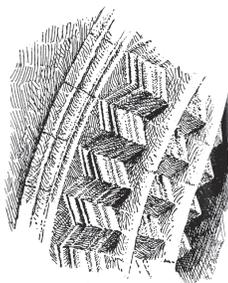
Explore a bit, and you'll soon familiarize yourself with all of the information on these updated Clinical Education pages! There have been a lot of changes, but we hope you'll agree they are all good, as our information has been streamlined and there are less "clicks" to get to where you need to go!

*Curious about this word? Read on...

chev·ron [shev-ruhn] *noun*



A badge consisting of stripes meeting at an angle, worn on the sleeve by noncommissioned officers, police officers, etc., as an indication of rank, service, or the like.



An ornament in this form, as on a molding.



Heraldry. An ordinary in the form of an inverted V.
(This is the Coat of arms for Catherine, Duchess of Cambridge!)



Also called chevron weave. Herringbone.



Autumn greetings from Northern BC. It's been a busy few months; I am not sure where to start! So why not work backwards from today...

We are gearing up to take our first students in Prince Rupert at the PRISM Clinic in November. The **Prince Rupert Interprofessional Student-led Model (PRISM) Clinic** has been in the planning stages for the last 10 months and is now ready to get off the ground! We are very excited about this initiative as rehab services will be delivered as part of an integrated primary health care approach. Students will provide physiotherapy services along the continuum of care seeing patients in their home, in the community and in facility. We have introduced a new referral system that helps health care practitioners identify patients who could benefit from rehab services to improve their function and mobility before they lose it. In addition to individual patient assessment and care, students will be developing and running a number of 5-week programs for patients that currently go without any services, including pulmonary rehab, arthritis management and other chronic conditions. We look forward to sharing more with you in the next newsletter once we are underway! P.S. The biggest challenge PRISM faces at the moment is it needs an Instructor! Please see the ad on page 4 for more information.

In September, we welcomed 20 students into the second Northern and Rural Cohort. As with our first Cohort, these students were selected amongst the successful applicants to the MPT program based on their NRC application and suitability to rural practice. While all have rural connections, just over half of the Cohort originates from BC and the rest are from Nova Scotia, Ontario, Alberta and the Yukon. The NRC 2012-2014 did a rip-roaring presentation to them as part of their NRC Orientation which has them all so pumped for clinical placement, I am sure you will be overwhelmed by their enthusiasm when they get to your rural door!

August was a busy time as we launched a number of **Northern projects** in time for 3B. Initiated by the students who were very keen to consider practice in northwest BC and were interested in the (what was at the time) vacant position on **Haida Gwaii**, we applied for and received funding from *UBC's Community Learning Initiative (CLI)*. The one-time funding from the *Remote Community-Based Learning Fund* assisted us in hiring a locum PT to be the clinical educator for the two students and provide the community of Masset with much needed services. You can read all about Natalie's experience on page 6. We are grateful to UBC CLI and to Heather Hodge, PT for making this possible.



Levana Lu with clinic patient Gilbert

Also in time for the 3B placement at the end of August, we opened another new initiative in the North. Thanks to another partnership between UBC Department of Physical Therapy and the Northern Health Authority, we **opened Physiotherapy Services at the Central Interior Native Health Society (CINHS)**. Located in downtown Prince George the CINHS Clinic is an interprofessional primary health care clinic that serves people of Aboriginal descent or those who live on, or close to, the street in Prince George. This is a population that up until now have had extremely limited access to rehabilitation services due to long wait lists in publicly funded clinics as well as a lack of culturally appropriate services. Terry Fedorkiw, an experienced physiotherapist with a passion for this work, has been hired part-time and will take two students per clinical placement. The inclusion of physiotherapy services rounds out the CINHS health care team of physicians, residents, medical students, nurse practitioners, nurses, social workers, outreach workers, addictions counsellors, aboriginal support workers and elders. It is truly an example of collaborative patient-centred primary health care.

"My placement at Central Interior Native Health has been a transformative and inspiring experience where I firsthand saw the lingering effects of colonization and residential schools and its negative impacts on Aboriginal Canadians' health, as well as developed an appreciation for the resiliency of Aboriginal culture. The communication, cultural safety, and relationship building skills I have learned from this practicum have been pivotal to my current and future success as a therapist. I see a huge role that physiotherapists can play towards rebuilding positive health care interactions with this population, especially in the management of chronic pain, as they often are negatively stereotyped in the health care system. The clients and staff at CINHS have been amazing and reinforced the importance of collaboration and addressing social determinants of health to deliver effective health care."

– Levana Lu, Grad (MPT 2011-2013)

In July, we conducted a **pilot project to explore the potential for academic distribution of the UBC MPT program** between UBC and the UNBC Physiotherapy Plinth Lab. Seven students who had 1B placements near Prince George, volunteered to participate in the pilot of a distributed PHTH 538 case-based course. The same curriculum was delivered synchronously using video-conferencing, with students in Prince George receiving lectures from Vancouver and presenting to their fellow students in Vancouver. We brought in a few clinical faculty to assist with the clinical skills lab as well as a few local patients as learning partners. This was an enormous success (despite the bears on campus!) and will be repeated next July after 1B.

Robin Roots
Coordinator for Clinical Education,
Northern and Rural Cohort
Prince George/UNBC Campus

THE GLOBE

— SINCE 2009 —

Physiotherapist wanted for Prince Rupert Student-led Clinic

Available as locum opportunity, or full-time permanent position



By **ROBIN ROOTS**
Coordinator of Clinical Education, NRC

Do you have a passion for teaching? Looking for a unique opportunity and a change of pace? Do you enjoy kayaking, sailing, hiking, fishing or watching spectacular sunsets? Why not experience the breathtaking scenery of the west coast from your clinic window while you supervise physiotherapy students in innovative interprofessional student-led model of primary health care? The new Prince Rupert Student-led Clinic is looking for a full time Physiotherapist Clinical Instructor to lead this exciting initiative.

As a physiotherapist and clinical educator at the *Prince Rupert Interprofessional Student-led Model Clinic (PRISM)* you will combine clinical practice with primary health care initiatives that address the determinants of health such as community visits and patient education and treatment programs; all within a collaborative working and learning environment.

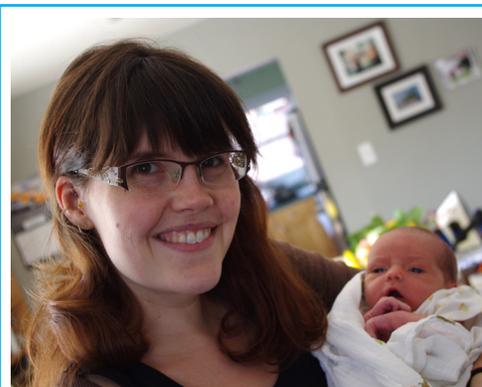
A partnership between the University of British Columbia Department of Physical Therapy and Northern Health, this clinic will provide clinical education for physiotherapy students while increasing access to rehabilitation services for a significantly under served population. You will supervise students providing services along the continuum of care: to patients in the emergency department, on the wards in the hospital, in their homes, in the community, as well as in an outpatient setting. Initially the clinic will focus on providing rehabilitation services by PT and OT students however will be expanded to include students from Medicine and Social Work so patients' needs can be addressed collaboratively by an interprofessional student team.

If you are interested in interprofessional education, if you are looking for an opportunity that will make use of your varied skills and experiences or if you are seeking a challenge that will draw upon your leadership skills and initiative, then this is the position for you!

For more information about this exciting position, or to apply for the permanent Grade III position (or for a 6-week locum opportunity) contact robin.roots@ubc.ca or angenita.gerbracht@northernhealth.ca.



[Click here for more information](#)



oh,
boy!

**Anders
Jensen
Beyer**

Congratulations to our NRC Administrative Assistant Amy Beyer and husband Colin.

They welcomed their son Anders to the world on October 17, 2013.

NEW CR CHECKLIST

Do you spend time wondering what cardiorespiratory skills you should be teaching your students, or what CR skills they need to practice on placements? If so, there is a new tool which may be of help to you.

Developed by **NACEP** (*the National Association of Clinical Educators in PT* -- i.e., Sue's counterparts across Canada), there is a new "Checklist" of CR skills which are helpful for students to practice during their fieldwork. It is not expected that students complete every skill on every placement, but this form provides guidance (for both students and preceptors) as to what skills should be experienced prior to graduation. **Click on the page above** to be taken to the form, found on our Clin Ed web pages under *Placement Resources > Resource Documents*. If you have any questions about the form, please feel free to contact Sue.

Line	Item	Completed (Y)	Comments
1	Understand the indications of and Perform Vital Signs (e.g. heart rate, oxygen saturation, blood pressure, respiration rate, temperature)		
Heart Rate (understand/indicators)			
1	Angular versus pressure (diastolic), peripheral, abdomen (understand/indicators)	Observed (Y)	Performed on placement (Y)
Chest Assessment (PPV)			
1	Inspection (shape, color, symmetry, ribs, rhythm, depth, tenderness, accessory muscles, etc.)		
2	Palpation (e.g. position of the trachea, hyperinflation, crepitations, wheezes of chest auscultation)		
3	Pericardium (tenderness, hyperinflation, dull)		
4	Assessment (e.g. vocal, rales, crackles, wheezes, adventitious)		
5	Cough (character, frequency)		
6	Spontaneous (tenderness, with inspiration/expiration)		
7	Other (tenderness)		
8	Thorax (tenderness)		
9	Cardiorespiratory status (with/without mobility aid, with inspiration/expiration)		
10	Functional Capacity Measure (e.g. light and general work, routine work)		
11	Balance (sitting, standing, walking)		
12	Posture (sitting, standing, walking)		
13	Strength/endurance (sufficient for job/activities)		
14	Range of Motion (e.g. L4/L5 flexion)		

CLIN ED TEACHING TIP: OBSERVING SURGERY

“My student is asking to observe a surgery – should I say yes?”

This is a common question when students are on placement. Most are keen to make use of opportunities to observe in the OR (which we recognise are becoming more difficult to arrange in many settings), and these can be valuable learning experiences; however, in order to maximise the benefit of the time spent in the OR, there are a few elements to consider.

- 1) **Is the surgery related to the clinical area of the student's placement?** A general guideline is that the surgery should be relevant to the student's case load. For example, it is a much better learning experience for a student in an IP ortho area to watch pinning of a hip fracture or a total knee replacement than brain surgery.
- 2) **Is it possible to place the learning in context?** It is more valuable for a student to see a patient pre-op, be present in the OR, and then follow the patient post-operatively, rather than simply “dropping in” so see a surgery with no follow up to embed the learning.
- 3) **Is a visit to the OR a structured part of the learning experience?** While it might be fascinating to watch specific surgeries, if there is no opportunity to reflect and debrief the experience after the OR visit, much of the value of the learning experience is lost.

In other words, to try and maximise the relevance and learning from an OR visit, it is helpful to have a clear idea of how the visit feeds into the learning objectives and the overall learning plan for the placement, and to have some expected outcomes which are clearly articulated ahead of the experience. And while we fully support OR visits as part of a learning plan, it is also worth remembering that time in the OR is valuable time away from practice with clients – so usually the student should not observe more than one or two surgeries per placement.

Lindsey Donner

Ingrid's corner

While our MPT Grads are leaving our hallowed UBC halls, our new crop of MPT 1s are just getting into the swing of things! They are studying and preparing for their upcoming Level 1 placements. Excitement is in the air!

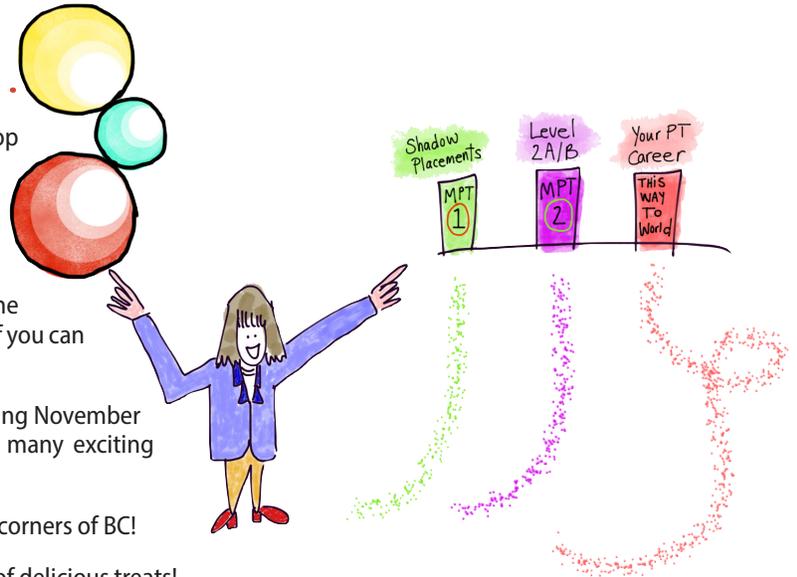
The level 1A & 1B Call for Offers has been sent out to all RCs, DCs and private clinic owners. We look forward to sending our MPT 1s on some solid clinical experiences in April and June of 2014. Please let us know if you can accommodate these timeframes.

Thank you to all of you for accommodating our MPT 2s in their upcoming November 2013 and January 2014 placements! We had a great response with many exciting clinical opportunities being offered for our MPT 2s.

As always, we very much appreciate our mentors and preceptors in all corners of BC!

Hope everyone had a happy Halloween and your (kids') bags were full of delicious treats!

Ingrid



Fabulous artwork provided by Carolyn Bell, UBC PT Financial Specialist

SURVEY



Please take this quick survey!!!

1. **Did you recently receive a request from our department to fill out an Employer Survey?**

Each year the department sends out a survey, asking for feedback from sites that currently employ our grads who are a few years into practice.

2. **This year's survey relates to those MPT students who graduated in 2011.**

If you have received this year's survey, we would REEEEEAAAAALLLY appreciate it if you could take the time to fill it out and get it back to us. Your input as an employer of a new grad helps us to fine-tune our curriculum.

3. **Have any questions? Need the link emailed to you again?**

Please contact Cailen Ogley @ 604-827-4958 or cailen.ogley@ubc.ca.

*P.S. While you're thinking about surveys, please remember to complete the online survey to assess the **Continuing Professional Development needs of Physiotherapists in BC**. [Click here](#) to complete the survey by Nov. 5 and have the chance to win one of four prizes valued at \$300 each!!*

Student-led clinics

As you've read on page 3 we have opened our first student-led clinic in Northern BC. Exciting news!

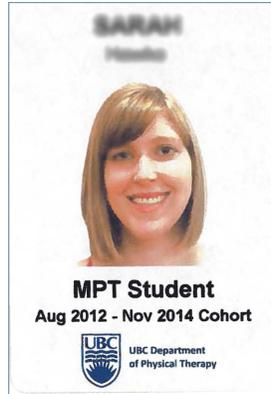
Equally exciting is the expansion into Surrey, as the new **Surrey Memorial Hospital Student-led Outpatient Physiotherapy Clinic** is slated to begin taking students on placement as of November! Led by Physical Therapist **Melissa Idle**, this clinic will share the same space as SMH's *Outpatient Physiotherapy Clinic*. Students will work with Surrey's diverse, multicultural, and complex population. They will be able to follow patients throughout the spectrum of treatment from initial assessment through to discharge planning and transition to community programs.

We also ran a successful pilot for a Geriatric Clinic at Vancouver General Hospital and are hoping to secure ongoing funding for this clinic in the near future.

New student ID badge

We recently learned that the *Student Practice Education Guidelines* have been changed with regards to student identification while on clinical placement. It's been a steep learning curve getting the new required badges made, but we were lucky enough to partner with the UBC Carding Office (they create UBC student ID cards) to make up our own UBC MPT template. Required information and photo are now all shown on this new plastic badge, which will replace the simple student name tag we have issued in the past.

Our current MPT 1 & 2 students have now been issued this identification.



WHAT'S NEW?

Tidbits of information worth knowing!

WorkSafeBC: Update

As (hopefully) you are aware by now, as of July 1, 2013, UBC students who are injured while on placement in BC are covered by WorkSafeBC. Currently, the process for claims is being worked out by UBC's *Risk Management Services*. Luckily injuries to students do not happen often, but if you do have an incident at your site, please contact the UBC Clin Ed Team who will direct you to the appropriate resources.

Thanks for your patience while the details of the process are being worked out!

"An investment in knowledge pays the best interest."

— Benjamin Franklin



Colony Farm Forensic Psychiatric Hospital
Coquitlam, BC

Damini Physiotherapy and Sports Injury
Vernon, BC

Deep Physio
Dawson Creek, BC

Fernie Physiotherapy
Fernie, BC

Start Line Health and Wellness Group
Duncan, BC

West Coast Sports Physiotherapy
Richmond, BC

Private Practice Forum REPORT

One of our goals this year was to increase the number of private practice sites willing to host PT students, as currently it is not possible to guarantee every student who wants one a clinical placement in a private environment. To try and increase our private site registry, a very successful "Private Practice Forum" was held in conjunction with PABC at Oakridge Physiotherapy clinic this summer.

Following Sue's overview of the placement process, a panel of PTs experienced with hosting students (consisting of Aart Van Gorkum, Marc Rizzardo, Trevor Fraser and the host of the evening, Jason Coolen) spoke to the group about their personal experiences with students in a private setting. The group engendered lively discussion and provided invaluable practical tips in the "Q & A" part of the session.

We are delighted to report that this session was a great success. We look forward to welcoming more new sites soon (like those to the left!).

Contact Us

Here is how to reach us...

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PRINCE GEORGE

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Amy is currently on mat leave, but her soon-to-be replacement can be reached via her email above. For now, make contact via Robin Roots.

By the way, have you...

- ...supervised UBC MPT students?
- ...or served on a UBC committee?
- ...or instructed in the MPT program??

Are you interested in becoming more involved at UBC?

Did you know you could become a UBC Clinical Faculty member?

Look here, or contact **Carissa Dyck** for more information!

Click here to sign up to our newsletter email list