The Globe

Aaahh... To quote the song (and the Staples commercial!) “It's the most wonderful time of the year!” The weather has warmed up, UBC is devoid of its majority of students (only to be replaced by lost-looking conference-goers!), and both our cohorts are out on placement as I write this. It’s a much quieter world on the UBC campus!

Summer is a turning point for our program. Our senior students are doing their last two placements (3A and 3B) and will be finished at the end of September. Our newbies are not so new anymore, as they now have their first two placements under their collective belts and will soon step into the role of MPT2 in the fall.

Each summer we continue to be amazed that another year has gone by so quickly, and a new cohort will soon be excitedly descending on our hallways at the end of August. Time flies...

Happy summer everyone. Safe travels, wherever the road may lead.

Carolyn

www.physicaltherapy.med.ubc.ca

Cupcake celebration!

As you’ll see, for the occasion, I’ve changed the background of our front page. I think it’s a “two-candle-cupcake-worthy-celebration!”

Ingrid and I were nominated, as a team, and were successful co-recipients of the 2014 UBC Faculty of Medicine Applegarth Staff Service Award. This honour didn’t happen without another team of people (the nominators and letter-writing supporters) led by two of our fearless leaders Sue and Clare. Ingrid and I were touched by everyone's kind words about our contributions to Clinical Education in the department. What made it even nicer was that a team has never won before - and that’s the only way we would have wanted it...

We are looking forward to attending the Faculty Awards Reception in October (in the company of Alison Greig and Lara Boyd, who won Distinguished Achievement Awards in Excellence in Education and Excellence in Clinical or Applied Research, respectively).

Not a bad effort for 2014!

The ACP is coming!

Yes, we know you’ve heard this before! Stop rolling your eyes! The ACP is coming! The long-awaited new eval tool is rapidly approaching!

The Canadian Physiotherapy Assessment of Clinical Performance (ACP form) should be ready for use in BC by April 2015. For those who need a “refresher,” this new evaluation form for students on clinical placement has been in development for several years, and is based on the Essential Competency Profile for Physiotherapists in Canada. The form has now been pilot-tested across the country, and the final version has face, content and construct validity, as well as internal consistency – in other words, we can be confident that it is a practical and valid measure to assess PT student behaviours in the clinical setting. This form will replace both the CPI and the APP form, and will be the standard for the majority of PT programs across the country. Sue reports that it is looking very good and although it is not possible to meet everyone’s preferences, the majority of preceptors will find it easy to use with enough space for individual comments and feedback.

Training to use the new form will be online, but we will also be providing in-services to any interested groups around the province. Stay tuned for more information nearer the time!

Don’t forget

Are you a Clinical Educator who has taken students in the last 3, 5, or 8 years?

If yes, check and see if you have amassed enough points to enter our next Clinical Educator Recognition Program draw this fall!!

Every time you supervise an MPT student on a clinical placement you earn points. When you have attained enough points for a certain level we encourage you to submit an application online. We will enter your name in the next two draws.

So, “What’s in it for me?,” you ask? Well, does the chance to win $300, $500, or $1,000* (*plus a 1-yr PABC membership at this prize level) peak your interest?? It is our small way of saying a BIG thank you to all of our Clinical Educators who contribute so much to our MPT program by taking students on placements each year.

The Next application deadline is October 1!!

For more information, click here.
Sunny summer greetings from Northern BC. I hope you have been enjoying the marvelous weather as much as our NRC students have, as they soak up the very exciting learning experiences across rural and northern BC this summer. As I write this, our MPT1 NRC students are in their second week of a three-week academic distribution of the MPT curriculum to UNBC in Prince George. They seem to be content with extending their stay in northern BC after their 10 weeks of clinical placement. This group was dispersed throughout the province: from Fort St. John to Invermere to Prince Rupert!

We are excited to welcome a number of new clinical sites to our ever growing roster of northern and rural placements, in particular: Invermere Hospital - a combination of inpatient and community care; Deep Physio - a private practice in Dawson Creek with a particular interest in functional movement assessments, clinical Pilates and neurokinetic therapy; 100 Mile House - a mix between inpatient at the South Cariboo Health Centre and private practice. We also are piloting a number of role-emerging placements with our MPT2s in their Level 3 placements. Role-emerging placements provide students the opportunity to explore the process of working with a community to establish new or non-traditional PT roles and services particularly where access to services is a barrier. In these circumstances, placements are a combination of direct supervision for patient care and remote supervision for community-based rehabilitation development. We are often seeking PTs to act as remote supervisors to the students assigned to these placements; please contact me if you are interested in being involved in a role-emerging placement.

One such placement is with Carrier Sekani Family Services (CSFS) in central BC. In a very unique and ground breaking initiative, we were invited to work with CSFS and Dr. John Pawlovich to provide physiotherapy services to remote communities in the Central Interior. Currently people in these communities must travel in excess of four hours on a logging road to the nearest physiotherapist. Health care services in these remote areas are provided by a rotation of nurses who stay in the community and Dr. Pawlovich, who travels to the communities one week a month and provides primary care telehealth services 24/7 to the community the rest of the time. In June, 2nd year MPT student Emilie Whittemore and I travelled with Dr. Pawlovich and Bria Sharkley, a first-year resident, to Yekocche and Takla. This unique placement provides students the opportunity to gain insight as to how social determinants of health intersect in a First Nations context and to develop skills in culturally safe practice as they apply their clinical skills and knowledge. In addition to seeing patients in the health centre, we conducted telerehab consults to another remote First Nations community - Tachet. Telehealth effectively helps to reduce the geographical barrier associated with providing care for rural and remote communities. This combination of face-to-face interaction with follow up video telehealth provides patients with more consistent care and offers students a new perspective on the future of physiotherapy practice, for rural and urban regions alike. We will continue to offer this opportunity to students as another example of a mutually beneficial community partnership that benefits students learning and increases access to rehab services in rural and remote regions.

Our first Norther and Rural Cohort will graduate this fall and we eagerly anticipate seeing how their experiences in northern and rural clinical placements influence their practice as new graduates. While we hope a few will fill some of the vacancies in rural areas, more importantly, we hope that they have a better appreciation for the challenges that their patients from rural areas have in accessing rehabilitation services and the rewards reaped in rural physiotherapy practice. We look forward to updating you all in the fall.

“I am very excited to be a part of this groundbreaking project, to learn from Robin and the other health professionals on the team, to participate in a cultural exchange with First Nations communities, and to be a part of directing the future of rural and remote healthcare. This has been a remarkable and inspiring experience!”

- Emilie Whittemore, MPT2
Promoting physiotherapy to patients!!

Kudos to MPT1 student Jessica Mann. While on placement at St. Vincent's Langara residential facility she hosted an NPM event that included prizes from the PABC, HSA, and others, for residents of the extended care facility to entice them to Get Moving Outside.

Students are not required to do special projects or inservices on their placement, but if an opportunity arises, your student might just run with it - as Jessica did!
It’s getting very exciting!! This spring Carolyn and Sue (with the great help of various Faculty of Medicine “techxperts”) have been working to turn our first three EXCEL Clin Ed learning modules into a reality. It has been a really interesting experience. UBC videographers have filmed scenarios highlighting topics such as learning styles and generational differences, as well as several interviews with PTs from various walks of life. We now have a lot of material “in the can” for all of our 12 modules.

Here is the list of module topics:
1. The UBC MPT curriculum and our students*
2. The role and purpose of Clinical education
3. Learning styles and the principles of adult learning*
4. Developing learning objectives*
5. Planning the learning experience
6. The first morning
7. The perfect preceptor
8. Facilitating learning
9. Providing feedback
10. Completing the evaluation
11. Dealing with poor performance
12. Different placement models

(*) The first three modules scheduled to launch in the fall of 2014.

Many, many thanks to Judit Spence, Phil Sweeney, Nadine Nembhard, Aart van Gorkum and Scott Brolin for agreeing (via a little arm twisting!) to be a part of our initial filming. We can’t wait to get the first three modules online in the coming months; they will provide a new way for our Clinical Educators across the province to access topic-specific placement resources anytime, anywhere.

IMPORTANT Update

As you are aware, UBC students on placement in BC have had WorkSafeBC coverage since July 2013. While this is a major step forward for our students, there are a few things we need to do to ensure we are meeting WorkSafeBC requirements.

1. Starting in August, students will be required to complete a PT Student Health & Safety Orientation Checklist within 48 hours of arrival at a site, indicating that they are aware of safety procedures and have been oriented to that specific site. Clinical Educators will be asked by the student to sign the form to confirm that s/he has been orientated.

2. If there are any workplace incidents, or a student is injured while on placement, WorksafeBC online forms must be completed (Form for Practicum Supervisor/Preceptor and Form for Student). The forms can be found at riskmanagement.ubc.ca; an orange button on the home page (“Report an accident or incident”) links you directly to the forms. You will also find newly created WorkSafeBC navigational tabs on both our UBC PT student and Clinical Educator website pages, with a link to that same page.

Please note: Students are actually deemed to be “Employees of the Crown,” but when completing the forms, the “student employer” should be listed as UBC, not the clinical site.

Click here for further information:
WorkSafeBC coverage for practicum/clinical placement students

A huge thanks to Judit Spence for taking a whole day out of her busy schedule to portray a physiotherapist in our scenarios. She was a stellar actor!
(P.S.: Check out Ingrid in the background, in the role of “Mrs. Wilson!!!”)

The lovely Nadine Nembhard, UBC PT Clinical Faculty, Private Practice Owner, and one of our kind volunteer “interviewees.”

Workshop? Inservice? Just ask!!

Just a reminder that if you would like to host a Clinical Educator Workshop, or host an in-service on another topic related to clinical education (such as providing feedback, setting learning objectives, or motivating students), please, just ask. We are happy to provide education sessions for groups of six or more (less in some circumstances) throughout the province. Recently we have provided two Clinical Educator Workshops to sites who requested them, and we are happy to do more.

You only have to ask, and it is a small way we can say “thank you” for all your hard work with our students.

We are also interested in the idea of filming popular inservice topics and having them online for reference to all of our Clinical Educators province-wide. If you have any suggestions for topics, let us know!

Contact Carolyn for more information or to make a request.
Who are these cheery people, and why are they so cheery? They are 2012 Clin Ed Symposium participants!

It's time again!! On January 30th, 2015 we will be hosting our 3rd Clinical Education Symposium, which provides Clinical Educators and Administrators with the opportunity to find out what is happening with MPT clinical education. We also use the symposium to get wonderful feedback about possible future directions within the MPT program.

Although the symposium must be “invitation only” (due to room size), we would love to hear from you if you are interested in participating, as we want to invite a good cross-section of stakeholders from across the province - within different areas of practice, and with different interest and viewpoints. Invites will be chosen, to ensure as much breadth and depth of perspectives as possible. Please let Carolyn know if you are interested in attending. It is a very informative and fun day-long event here at UBC!