

The Globe

Aaaah... To quote the song (and the Staples commercial!) *"It's the most wonderful time of the year!"* The weather has warmed up, UBC is devoid of its majority of students (only to be replaced by lost-looking conference-goers!), and both our cohorts are out on placement as I write this. It's a much quieter world on the UBC campus!

Summer is a turning point for our program. Our senior students are doing their last two placements (3A and 3B) and will be finished at the end of September. Our newbies are not so new anymore, as they now have their first two placements under their collective belts and will soon step into the role of MPT2 in the fall.

Each summer we continue to be amazed that another year has gone by so quickly, and a new cohort will soon be excitedly descending on our hallways at the end of August. Time flies...

Happy summer everyone. Safe travels, wherever the road may lead.

Carolyn

The ACP is coming!

Yes, we know you've heard this before! Stop rolling your eyes! The ACP is coming! The long-awaited new eval tool is rapidly approaching!

The **Canadian Physiotherapy Assessment of Clinical Performance** (ACP form) should be ready for use in BC by April 2015. For those who need a "refresher," this new evaluation form for students on clinical placement has been in development for several years, and is based on the *Essential Competency Profile for Physiotherapists in Canada*. The form has now been pilot-tested across the country, and the final version has face, content and construct validity, as well as internal consistency – in other words, we can be confident that it is a practical and valid measure to assess PT student behaviours in the clinical setting. This form will replace both the CPI and the APP form, and will be the standard for the majority of PT programs across the country. Sue reports that it is looking very good and although it is not possible to meet everyone's preferences, the majority of preceptors will find it easy to use with enough space for individual comments and feedback.

Training to use the new form will be online, but we will also be providing in-services to any interested groups around the province. Stay tuned for more information nearer the time!



Cupcake celebration!

As you'll see, for the occasion, I've changed the background of our front page. I think it's a "two-candle-cupcake-worthy-celebration!"

COMING TOGETHER IS A BEGINNING,
STAYING TOGETHER IS PROGRESS,
AND WORKING TOGETHER IS SUCCESS.

- Henry Ford

Ingrid and I were nominated, as a team, and were successful co-recipients of the **2014 UBC Faculty of Medicine Applegarth Staff Service Award**. This honour didn't happen without another team of people (the nominators and letter-writing supporters) led by two of our fearless leaders Sue and Clare. Ingrid and I were touched by everyone's kind words about our contributions to Clinical Education in the department. What made it even nicer was that a team has never won before - and that's the only way we would have wanted it...

We are looking forward to attending the Faculty Awards Reception in October (in the company of Alison Greig and Lara Boyd, who won Distinguished Achievement Awards in *Excellence in Education* and *Excellence in Clinical or Applied Research*, respectively).

Not a bad effort for 2014!



Are you a Clinical Educator who has taken students in the last 3, 5, or 8 years?

If yes, check and see if you have amassed enough points to enter our next *Clinical Educator Recognition Program* draw this fall!!

Every time you supervise an MPT student on a clinical placement you earn points. When you have attained enough points for a certain level we encourage you to submit an application online. We will enter your name in the next two draws.

So, "What's in it for me?", you ask? Well, does the chance to win \$300, \$500, or \$1,000* (*plus a 1-yr PABC membership at this prize level) peak your interest?? It is our small way of saying a **BIG** thank you to all of our Clinical Educators who contribute so much to our MPT program by taking students on placements each year.

The Next application deadline is October 1!!
For more information, [click here](#).

NRC News: from UNBC & Northern and Rural BC communities

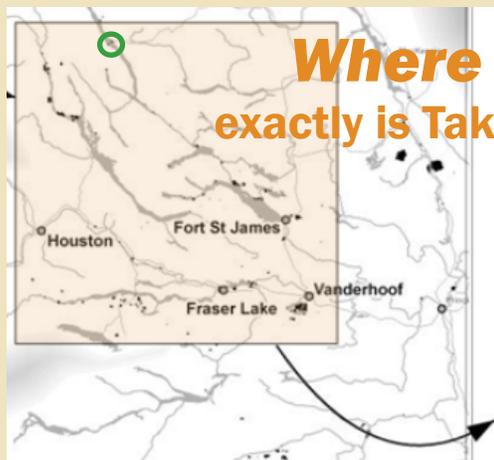
Health Centre
Takla, BC



Sunny summer greetings from Northern BC. I hope you have been enjoying the marvelous weather as much as our NRC students have, as they soak up the very exciting learning experiences across rural and northern BC this summer. As I write this, our MPT1 NRC students are in their second week of a three-week academic distribution of the MPT curriculum to UNBC in Prince George. They seem to be content with extending their stay in northern BC after their 10 weeks of clinical placement. This group was dispersed throughout the province: from Fort St. John to Invermere to Prince Rupert!

We are excited to welcome a number of new clinical sites to our ever growing roster of northern and rural placements, in particular: Invermere Hospital - a combination of inpatient and community care; Deep Physio - a private practice in Dawson Creek with a particular interest in functional movement assessments, clinical Pilates and neurokinetic therapy; 100 Mile House - a mix between inpatient at the South Cariboo Health Centre and private practice. We also are piloting a number of role-emerging placements with our MPT2s in their Level 3 placements. Role-emerging placements provide students the opportunity to explore the process of working with a community to establish new or non-traditional PT roles and services particularly where access to services is a barrier. In these circumstances, placements are a combination of direct supervision for patient care and remote supervision for community-based rehabilitation development. We are often seeking PTs to act as remote supervisors to the students assigned to these placements; please contact me if you are interested in being involved in a role-emerging placement.

One such placement is with Carrier Sekani Family Services (CSFS) in central BC. In a very unique and ground breaking initiative, we were invited to work with CSFS and Dr. John Pawlovich to provide physiotherapy services to remote communities in the Central Interior. Currently people in these communities must travel in excess of four hours on a logging road to the nearest physiotherapist. Health care services in these remote areas are provided by a rotation of nurses who stay in the community and Dr. Pawlovich, who travels to the communities one week a month and provides primary care telehealth services 24/7 to the community the rest of the time. In June, 2nd year MPT student Emilie Whittemore and I travelled with Dr. Pawlovich and Bria Sharkley, a first-year resident, to Yekocche and Takla. This unique placement provides students the opportunity to gain insight as to how social determinants of health intersect in a First Nations context and to develop skills in culturally safe practice as they apply their clinical skills and knowledge. In addition to seeing patients in the health centre, we conducted telerehab consults to another remote First Nations community - Tachet. Telehealth effectively helps to reduce the geographical barrier associated with providing care for rural and remote communities. This combination of face-to-face interaction with follow up video telehealth provides patients with more consistent care and offers students a new perspective on the future of physiotherapy practice, for rural and urban regions alike. We will continue to offer this opportunity to students as another example of a mutually beneficial community partnership that benefits students learning and increases access to rehab services in rural and remote regions.



"I am very excited to be a part of this groundbreaking project, to learn from Robin and the other health professionals on the team, to participate in a cultural exchange with First Nations communities, and to be a part of directing the future of rural and remote healthcare. This has been a remarkable and inspiring experience!"

- Emilie Whittemore, MPT2

Our first Northern and Rural Cohort will graduate this fall and we eagerly anticipate seeing how their experiences in northern and rural clinical placements influence their practice as new graduates. While we hope a few will fill some of the vacancies in rural areas, more importantly, we hope that they have a better appreciation for the challenges that their patients from rural areas have in accessing rehabilitation services and the rewards reaped in rural physiotherapy practice. We look forward to updating you all in the fall.

Robin Roots
Coordinator for Clinical Education,
Northern and Rural Cohort
Prince George/UNBC Campus

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CLINICAL TEACHING TIP

“My student doesn’t seem to want to be here!”

Although most students are very enthusiastic when it comes to clinical placements (and certainly it is an expectation from UBC that students are open to all areas of practice), occasionally you may have a student who appears unmotivated in the clinical setting. If lack of motivation is getting in the way of the learning experience, you may need to address it. First, check out your assumptions – is the student actually unmotivated or does it perhaps just appear that way? Are there other issues which are getting in the way of the learning experience – perhaps the student has personal problems, or has taken on too many commitments outside of the placement experience? If it appears the student is truly unmotivated, try and figure out why. Are they simply not interested in this particular area of practice? Do they feel they can’t succeed in the placement? Perhaps their last placement was particularly demanding and their confidence is weak, or they lack the skills and abilities to perform in your specific environment. Are they being under- or over-challenged, leading to boredom or conversely a feeling that they will never succeed?

Most students can be motivated if you can find the “right button” to push. Skills such as using open-ended questions, reflecting back what you have heard the student say and checking your understanding of their perspective, providing positive feedback on what the student is doing well, and providing the right balance of challenge and support can all be helpful for enhancing motivation. And, as always, clear expectations and learning objectives are essential to provide guidance for student learning. Some aspects of motivation (such as showing initiative, or being a self-directed learner) can be written into those objectives to provide clear expectations for student performance.



Lindsey Donner

Ingrid's CORNER

Placement Talk

After having received feedback that it would be good information to know how many placement offers are still needed once a **Call for Offers** has been sent out, we are now working on providing a ‘Live Countdown’ available on our website, so Placement Coordinators (and anyone who is in charge of student placement assignments) can easily see what our current placement number needs are. We will update the countdown regularly to show how many offers are still required for any given placement level. We expect to have this ready to go for our Level 1 placements in April 2015.

Our ‘Live Countdown’ project is underway, but in the meantime, we will indicate the amount of offers still needed in our RSS feed. To subscribe to the RSS feed, please [click here](#).

This is what the RSS feed looks like:

Placement Countdown – Level 2A/2B

Posted June 24/14

We have 64 placement offers! We require 102 more as of today. We need a total of 166 by July 24, 2014. Health Authorities please fill in the offer form within HSPnet. Private practice and others not using HSPnet, please fill in our offers form. Thank you to everyone for supporting our MPT program and our students.

Promoting physiotherapy to patients!!



Kudos to MPT1 student Jessica Mann. While on placement at St. Vincent’s Langara residential facility she hosted an NPM event that included prizes from the PABC, HSA, and others, for residents of the extended care facility to entice them to *Get Moving Outside*.

Students are not required to do special projects or inservices on their placement, but if an opportunity arises, your student might just run with it - as Jessica did!

Did you know you might be eligible to become a UBC Clinical Faculty member?
Look here, or contact **Carissa Dyck** for more info!

It's getting very exciting!! This spring Carolyn and Sue (with the great help of various Faculty of Medicine "techxperts") have been working to turn our first three EXCEL Clin Ed learning modules into a reality. It has been a really interesting experience. UBC videographers have filmed scenarios highlighting topics such as *learning styles* and *generational differences*, as well as several interviews with PTs from various walks of life. We now have a lot of material "in the can" for all of our 12 modules.

Here is the list of module topics:

1. The UBC MPT curriculum and our students*
2. The role and purpose of Clinical education
3. Learning styles and the principles of adult learning*
4. Developing learning objectives*
5. Planning the learning experience
6. The first morning
7. The perfect preceptor
8. Facilitating learning
9. Providing feedback
10. Completing the evaluation
11. Dealing with poor performance
12. Different placement models

(*) The first three modules scheduled to launch in the fall of 2014.

Many, many thanks to Judit Spence, Phil Sweeney, Nadine Nembhard, Aart van Gorkum and Scott Brolin for agreeing (via a little arm twisting!) to be a part of our initial filming. We can't wait to get the first three modules online in the coming months; they will provide a new way for our Clinical Educators across the province to access topic-specific placement resources *anytime, anywhere*.



The lovely Nadine Nembhard, UBC PT Clinical Faculty, Private Practice Owner, and one of our kind volunteer "interviewees."



A **HUGE** thanks to Judit Spence for taking a whole day out of her busy schedule to portray a physiotherapist in our scenarios. She was a stellar actor! (P.S.: Check out Ingrid in the background, in the role of "Mrs. Wilson!!!")

IMPORTANT Update

WORK SAFE BC

As you are aware, UBC students on placement in BC have had **WorkSafeBC** coverage since July 2013. While this is a major step forward for our students, there are a few things we need to do to ensure we are meeting WorkSafeBC requirements.

1. Starting in August, students will be required to complete a **PT Student Health & Safety Orientation Checklist** within 48 hours of arrival at a site, indicating that they are aware of safety procedures and have been oriented to that specific site. Clinical Educators will be asked by the student to sign the form to confirm that s/he has been orientated.
2. If there are any workplace incidents, or a student is injured while on placement, WorksafeBC online forms must be completed (*Form for Practicum Supervisor/Preceptor* and *Form for Student*). The forms can be found at riskmanagement.ubc.ca; an orange button on the home page ("*Report an accident or incident*") links you directly to the forms. You will also find newly created **WorkSafeBC** navigational tabs on both our UBC PT student and Clinical Educator website pages, with a link to that same page.

Please note: Students are actually deemed to be "Employees of the Crown," but when completing the forms, the "student employer" should be listed as UBC, not the clinical site.

Click here for further information:

[WorkSafeBC coverage for practicum/clinical placement students](#)



Just a reminder that if you would like to host a **Clinical Educator Workshop**, or host an in-service on another topic related to clinical education (such as providing feedback, setting learning objectives, or motivating students), please, just ask. We are happy to provide education sessions for groups of six or more (less in some circumstances) throughout the province. Recently we have provided two Clinical Educator Workshops to sites who requested them, and we are happy to do more.

You only have to ask, and it is a small way we can say "thank you" for all your hard work with our students.

We are also interested in the idea of filming popular inservice topics and having them online for reference to all of our Clinical Educators province-wide. If you have any suggestions for topics, let us know!

Contact Carolyn for more information or to make a request.

WHAT'S NEW?

Tidbits of information worth knowing!

Sue and Robin present T-Res data

Sue Murphy and Robin Roots presented two posters at this year's CPA Congress in Edmonton, highlighting data from the "T-Res" system.

Students complete a clinical log during each clinical placement which is used to determine future learning needs and identify learning gaps. It can also be very useful information to use when determining learning objectives for your students. (If you haven't seen the system, or would like to know in more detail what clinical experience the student has, ask your student to show you!)

The posters highlighted the student's self-reported levels of Independence during the first 10 weeks of clinical placement, and what types of clinical experiences the first year students had, including a comparison of experience in broad clinical practice areas (MSK, Cardio-respiratory

and neuromusculoskeletal) between Northern and Rural Cohort and Non-Northern and rural cohort students. (And you might be interested to know – experiences were very similar!)

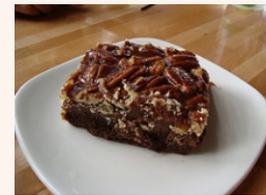
Healthcare Traveling Roadshow

Once again a UBC MPT student was part of the annual **Healthcare Traveling Roadshow**. Janelle Rektor joined other UBC Faculty of Medicine students to head out on the road as part of her placement. Lead by Dr. Shaun Maurice of the UNBC Northern Medical Program in Prince George, this Roadshow "was conceived as a grass roots initiative to address rural healthcare workforce shortages. It involves a multidisciplinary group of healthcare students traveling to a rural community to showcase career opportunities from the perspectives of the students training in those programs." Students give formal and informal presentations to youth in rural communities, showcasing their different programs, and the many healthcare career options available to them.

[Click here](#) for some wonderful pictures of their travels in Kitimat, Terrace, Laxgalt'sap, Gitwinksihlkw, Hazelton, and more.

Recipe Corner

We had a department tea this week, and acting Department Head Janice Eng brought a most delicious baked good. The recipe is actually for a pie, but Janice smartly converted it to a bar - perfect for taking to a summer bbq. You'll get raves!



Here is the link to the Epicurious recipe for "**Pecan, Caramel and Fudge Pie.**"

Follow Janice's changes below:

- I use a half sleeve of Mr. Christie chocolate wafers from Safeway.
- I never use whipping cream-never have any on hand.
- I use about 2 cups pecans max (usually pecan halves, but chopped is also fine).
- I often use regular chocolate chips if I don't have chocolate squares on hand.
- Put in a 9x9 square pan.
- Need to cool awhile before cutting or put in the fridge for 30 minutes, then cut.

"An investment in knowledge pays the best interest."

— Benjamin Franklin



Cariboo Therapy Centre
100 Mile House

Carrier Sekani Family Services
Prince George

Back in Motion
New sites in Vancouver & Burnaby

RebalanceMD
Victoria

Victoria Sports Physiotherapy Clinic
Prince George

WELCOME BACK:
Moveo Sport & Rehabilitation Centre
North Vancouver



Who **are** these cheery people, and **why** are they so cheery? They are 2012 Clin Ed Symposium participants!

It's time again!! On **January 30th, 2015** we will be hosting our 3rd **Clinical Education Symposium**, which provides Clinical Educators and Administrators with the opportunity to find out what is happening with MPT clinical education. We also use the symposium to get wonderful feedback about possible future directions within the MPT program.

Although the symposium must be "invitation only" (due to room size), we would love to hear from you if you are interested in participating, as we want to invite a good cross-section of stakeholders from across the province - within different areas of practice, and with different interest and viewpoints. Invitees will be chosen, to ensure as much breadth and depth of perspectives as possible. Please let Carolyn know if you are interested in attending. It is a very informative and fun day-long event here at UBC!

Contact Us

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Keep in touch



Click on icon to sign up for our **RSS feed** (occasional info from us (news, workshops, CFOs, etc.)