

# The Globe



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What happened to September... and October??? The leaves are blanketing the campus (always a pretty sight) and Robin just informed me that Prince George is officially in "winter tire mode" as it has already snowed! Now, as we slip into *Daylight Savings Time* (or is it out of? I'm never sure!) I do what kept my sanity when I lived in Stockholm; set my sights on December 21st (a.k.a. the shortest day of the year!). After that, we are adding back minutes of daylight!

We have a lot of "people" news this issue—comings, goings and changes. Check out pages 1 and 2 for more info. We also have a new section—**Articles of Interest**—which we will include when we want to pass along some interesting reading.

Happy Winter! *Carolyn*

P.S. We have a new [EXCEL e-learning module up on our site: Developing Learning Objectives](#) (Learn more about getting to know your student, reviewing the academic and clinical skills per placement level, and working on objectives with your student.)



## Puffin Update...

Pleased to report that *I took this picture!!* Puffin dream realized! Tick off my life list!

Are they not ADORABLE? Especially the little one with the straw in her beak. Such a poser!

Newfoundland was above and beyond anything we could have imagined. Stunning scenery, lovely people. Highly recommended!

## On the Move...



As some of you might have heard, our Department Head, Dr. Jayne Garland, is heading east soon, [returning to Western University](#) to become its new *Dean of Health Sciences*, effective January 1, 2016. UBC's Faculty of Medicine also has a [new Dean, Dr. Dermot Kelleher](#). He took on his role as of September 2015, so as he settles into his position he will become familiar with all of the departments and units within Medicine.



Until a new Head has been recruited for Physical Therapy, Sue Murphy will be coming back from her year's sabbatical January 1st and stepping into the role of *Acting Head* for the department. Anne Rankin is set to continue as *Acting Associate Head, Clinical Education*. Sue and Anne will likely be in their respective positions for a year, or until a new Head has been recruited. The status quo remains, as Anne will be heading up Clinical Education, however Sue will still have her fingers somewhat in the Clin Ed pie, as she will continue to facilitate the Clinical Educator Workshops.



It's time again, for the **V.I.P. Clinical Educator Recognition Program** draw! This program is a lottery for physios who take our students on clinical placement.

Every time you supervise an MPT student on a placement you earn points. When you have attained sufficient points for a timeframe you can submit an application for a draw (at various levels) and have the chance to win \$300, \$500, or \$1,000 (the top prize includes a 1-year PABC membership). Draws are twice a year in March and October.

### Congratulations to the winners of our October 2015 draw:

<b>Cobalt Level</b> (\$300)	<b>Carolyn Watt</b> Kitimat Child Development Centre/Kitimat Hospital and Health Centre
<b>Sapphire Level</b> (\$500)	<b>Diana Krasteva</b> Lions Gate Hospital
<b>Royal Level</b> (\$1,000 + 1-yr PABC membership)	<b>Marc Rizzardo</b> Metrotown Orthopedic and Sports Physiotherapy Clinic



For more information on the **V.I.P. Clinical Educator Recognition Program**, or to apply, [click here](#). **FYI our next draw deadline is March 31, 2016!!!**

## Upcoming Clinical Educator Workshops

Sue has recently facilitated workshops in Vancouver, New Westminster, Kelowna and Victoria!

We have one more full-day (9-4) workshop booked in the Lower Mainland for this year. This one will answer a few more questions for those physios who supervise students on placement within the Home Health/Community. Of course all are welcome, so if the timing works for you, please feel free to attend!



- **Friday, November 27:** George Pearson Centre

Visit our [Workshops web page](#) to register.



Loon on Summit Lake Near Prince George

Huckleberry feast!

# NRC News: from UNBC and Northern and Rural BC communities

## NRC

Ahh, a chance to *Fall Back* having *Sprung Ahead* so long ago! As the days get shorter and the nights longer, we think back and give thanks for all the wonderful activities and experiences our NRC students have had over the summer. The second NR Cohort is about to graduate, with many taking jobs in northern and rural regions, while others are taking their time to find a place to hang their shingle. The MPT2s had a good summer in Prince George after rewarding placements across the province in rural communities, and are eagerly awaiting the start of 2A placements in November. Meanwhile the MPT1s have their heads buried in the books with their first clinical placements being the light at the end of tunnel in April. It's always a busy time of year but with lots of opportunity to reflect on the harvest.

Our BIG and exciting news is we have (finally) hired a Clinical Instructor for the *Prince Rupert Interprofessional Student-led Model (PRISM) Clinic*. It is

with great pleasure that we welcome **Caitlin DuBiel** as the Clinical Instructor for the PRISM Clinic (see right). Her appointment will allow us to develop services and learning opportunities to their full potential. We are grateful to the locum PTs (Angela Pace, Stein Fladmark and Heather Hodge) who have provided coverage in the clinic in the absence of a full-time Clinical Instructor. Student feedback continues to be extremely positive regarding the opportunity to practice through the continuum of care.

We are working hard on a number of new initiatives to expand clinical placements for students in more remote regions as well as in chronic disease management. Stay tuned—we hope to have those in place for the spring! If you have ideas for partnerships that could offer students a great clinical education, don't hesitate to contact Anne or me so we can explore the possibilities.

### Robin Roots

Coordinator for Clinical Education,  
Northern and Rural Cohort  
Prince George/UNBC Campus

## Welcome Caitlin!

We are very pleased to announce the appointment of **Caitlin DuBiel**, PT as the new Clinical Instructor for the *Prince Rupert Interprofessional Student-led Model (PRISM) Clinic*.

Caitlin graduated as a physiotherapist from Queen's University in 2013. Inspired by a love of travel, her training included two months in Kathmandu, Nepal working at a paediatric hospital and at a school for children with disabilities. She was later selected to attend a symposium on Global Health and Community-based Rehabilitation in Bergen, Norway.

Since graduating, Caitlin has worked in the private practice setting at two clinics in Nanaimo, BC. She enjoys the clinical aspect of private practice but hopes to work within a broader scope by teaming up with Northern Health in Prince Rupert to facilitate the PRISM clinic initiative.

When not in the clinic, Caitlin will most likely be found rock climbing (see picture proof!) or hiking... or learning to ski near her new, northern home base!



## CLIN ED TEACHING TIP

### “When do you contact the department regarding student performance?”

Student evaluations are now being completed using the *Canadian Physiotherapy Assessment of Clinical Performance (ACP)*. At “Midterm” and “Final” assessment Clinical Educators have three choices: **Credit**; **Credit with Distinction** (an option only available on 3A or 3B placements); or **Fail** (all placements). The choice of *Credit* or *Fail* is a recommendation to the department regarding how you feel the student performed. If you have concerns regarding student performance (they don't need to be receiving a *Fail* grade, they could be scoring below where you would expect them to be) you should contact the *Acting Associate Head of Clinical Education* (anne.rankin@ubc.ca (or robin.roots@ubc.ca for Northern and Rural Cohort students)). This allows the Department of Physical Therapy to support/facilitate the student learning and additionally provide support/guidance to the Clinical Educator.

Some examples of remedial activities could include: a more structured learning plan with scheduled feedback sessions on a more frequent basis; reviewing placement expectations with the student; or provision of additional educational resources such as targeted journal articles followed by review to ensure syntheses of learning has occurred. All of these activities can include the involvement of our departmental Clinical Education team.

It is always in the best interest of the student to provide timely and constructive feedback early within their clinical placement. If there are any student performance concerns please alert us as soon as possible.





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## ARTICLES OF INTEREST

Here's a new section that will make an appearance in the newsletter when we have an article of interest to pass along. If any of our Clinical Educators have read something they would like to share, please send it [along to us](#), so we can spread the word!

*Sue is providing the first article link...*

Physiotherapy. 2013 Jun;99(2):146-52. *Profiling physiotherapy student preferred learning styles within a clinical education context.* Milanese S, Gordon S, Pellatt A.

This article, from the British "Physiotherapy" journal, examines how physiotherapy students "prefer to learn" in the clinical setting. "Tapping into" a preferred learning style is useful as it makes it easier for students to learn and also deepens the learning. This study shows that according to Kolb's learning styles, (remember these from the Clinical Educator workshop?), Physiotherapy students are typically Convergences ("Doers and thinkers"), Assimilators ("watchers and thinkers") and Accommodators ("Doers and Feelers"). The authors go on to suggest that for PT students in the

clinical setting, learning is most likely to occur when time is given for thought about the scenario or clinical problem prior to experiencing it, and then an opportunity is given for the students to consolidate their learning in an actual clinical situation. So, for example, you might want to tell the student about an upcoming client encounter, allow time for review of theoretical principles and other data sources such as chart review, talk through with the student about what they are planning to do, and then allow the "active experimentation" in the actual client encounter.



*"If you light a lamp for someone else it will also brighten your path."*

-Buddha

**Treloar Physiotherapy Clinic**  
Vancouver

**RISE Health**  
Victoria

**Creekside Physiotherapy**  
Kimberley

## Contact Us

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## CORN AND BELL PEPPER CHOWDER

*This time around, we have a recipe contribution from Anne. She says it is super-easy to make (takes about 10 minutes) and is really good!*

### INGREDIENTS:

3 tbsp butter	4 cups fresh or frozen corn (thawed if frozen), divided
1 red pepper, chopped	2 cups chicken stock (or vegetable stock), divided
1 Yukon Gold potato, peeled, 1/2" cubes	1 tsp thyme
3 large shallots, chopped	Salt and pepper, to taste
	2-3 tbsp whipping cream (added at the last minute)
	Chopped green onions (optional garnish)

Melt butter in large pot over medium-high heat. Sauté shallots, red pepper and potato 5 minutes.

Meanwhile, blend 2 cups corn and 1 cup stock in blender or with a stick blender, until almost smooth.

Add the creamed corn, remaining 2 cups whole corn and 1 cup stock to the pot. Reduce heat to medium-low, cover, and simmer until potatoes are tender, about 10 minutes.

Mix in cream prior to serving. Season with thyme, salt and pepper. Ladle into bowls; sprinkle with onions.



Epicurious

Did you know you might be eligible to become a UBC Clinical Faculty member?

[Look here](#)  
or [contact Carissa Dyck](#)  
for more info!

## Keep in touch

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