

It has been a busy spring for our "Southern" Clin Ed Team (a.k.a., Sue, Carolyn and Ingrid.) Sue continued with her **crazy** travel schedule, facilitating workshops, visiting sites, and heading to the east coast for conferences and meetings. In the past few months I have personally been responsible for sending her to Cranbrook, Penticton, Kelowna and Victoria!

In April our team travelled to Prince George to meet up with our "Northern" Clin Ed Team, Robin and Amy. We had a really productive long weekend up there, and enjoyed some great hospitality (thanks again Robin, Amy, Terry and Klari!). We also had a day of visits to several sites, and it was (and always is) wonderful to put faces to names and meet our Clinical Educators on their home turf. Thanks to all of you for taking the time.

It was Ingrid's first visit to Prince George, so it was especially fun for her to see the city, visit the university, and take in the sights. We have such close ties (with our Northern and Rural Cohort) that it's good to be familiar with everyone there.

Who knows - maybe we'll visit another part of the province next year. We'd love to meet you!

Carolyn



Psst... Update on new Canadian evaluation form

The new pan-Canadian evaluation form, which is now in draft form, is currently being pilot tested throughout the country. Our UBC MPT program is one of the test sites, and we will be asking some of our Clinical Educators to trial the new form and provide feedback. As the form needs to be tested with students of different levels, the pilot testing will be ongoing until the end of the 2013. The form will then be revised based on the feedback received and should be available for use hopefully soon after that!!

Call for Offers reply for non-HSPnet users now online!!

With my new-found (quasi) skills in WordPress (our website design platform) I've been whipping up all sorts of forms for online use. Ingrid wondered about making a form that some of our clinical sites could use, via our website. This one was a little out of my league, so Ingrid and I were able to have this new form created for us!

Let us introduce.... the **"Offers Acceptance Form!"** (Yes, we realize it is not a very "sexy" title, but that's the best we could come up with!). This form is intended for those sites that are not on HSPnet (HSPnet is a web-enabled Practice Education Management system used by BC Health Authority sites). The form will give private practice sites (and others) the opportunity to provide all the pertinent placement information that Ingrid needs, and she can then input accepted *Calls for Offers* (CFO) into HSPnet on a site's behalf. It will also mean a lot less emailing back n' forth for everyone!

The form has to be tweaked and updated with each CFO, so Ingrid will always supply the correct link when she sends out an email.

Please let Ingrid know if you encounter any problems or have any suggestions!

Some people get very confused
when a sentence doesn't end as they potato.

Or should I say, "Please Remember!" (My Swedish husband - brought up with lovely manners - always reminds me that it's a much nicer way to say it!)

Are you a Clinical Educator who has taken students in the last 3, 5, or 8 years?

If yes, check and see if you have amassed enough points to enter the draw for our next Clinical Educator Recognition Program!!

DON'T FORGET

Every time you supervise an MPT student on a clinical placement you earn points. When you have attained enough points for a certain level we encourage you to submit an application online. We will enter your name in the next two draws.

So, "What's in it for me?, you ask? Well, does the chance to win \$300, \$500, or \$1,000* (*plus a 1-yr PABC membership) peak your interest?? It is our small way of saying a **BIG** thank you to all of our Clinical Educators who contribute so much to our MPT program by taking students on placements each year. **Next application deadline is October 1!!**

For more information, **click here.**



Get your (search) engine ready...

To quote Prissy, the maid in *Gone with the Wind*, "I don't know nothin' 'bout birthin' babies!" I kept likening this project to giving birth - it took about nine months, and in the end, after all the work, something amazing appeared!

Last October I set about to bring the **Clinical Site Profiles Search Engine** to life. The idea had been bandied about amongst us for a while. There were many emails back and forth within the Clin Ed team, and eventually a "storyboard" mock up and wish list came to life. Luckily I was introduced to Graham, a great Systems Analyst in MedIT at UBC; we started working on bringing the idea to life. I learned so much about web authoring, website creation, and HTML. If I do say so myself, the finished product is pretty cool!

The idea behind the Search Engine is to offer our MPT students a lot more information about clinical sites than was available on HSPnet (i.e., zip). Our students have the opportunity to rank their **top five choices** per placement, but never had any kind of comprehensive information about the various sites. Now, with the new search engine, they can put in various criteria (such as city, type of category, or facility type) and see the results immediately. From there, they can click on a specific site and be taken to a full **Site Profile**, which provides a ton of information - everything from website links for the clinic and the city, to accommodation suggestions. Sites also provide information on physiotherapist expertise at the site, and lists interprofessional and learning opportunity options. A "Welcome Message" sets the tone, and offers a friendly hello to our students.

[If you would like to take a look, click here for the link!]

The initial "Snapshot" view shows search results...

Area

Placement Category

Health Authority Region

Facility Type

Northern and Rural Sites

[Reset Form](#)

Once you have done a search you can click on the site name (above the picture) to be directed to the full site profile.

Abbotsford Regional Hospital

	Area: Abbotsford, Out-of-Town
	Health Authority Region: Fraser Health
	Placement Category: Geriatric/HCC
	Facility Type: Hospital
	NRC site?: No
	Website Address: http://www.fraserhealth.ca/about_us/building_for_better_hospital_and_cancer_centre/abbotsford_regional_hospital

Accelerated Sport & Spine Physiotherapy

	Area: Out-of-Town, Prince George
	Health Authority Region: Northern Health

A second, and valuable use for this search engine is the fact that it can offer your site/clinic the opportunity to "advertise" with our students. Having a profile readily available means students might choose a placement with you! Once a student has completed the MPT program, there is also a possibility it might lead to a recruitment opportunity. Also, having students at your site shows your patients that you contribute back to the community, as a teaching site. Great PR!

Inclusion in the search engine is entirely voluntary, but that being said we are happy to have over 155 sites already listed!! If you would like to include your site profile, it's easy peasy. Just **click here** and you will be taken to the online submission form. I suggest taking a quick read through it, so you know what information is being asked, and typing up any longer paragraphs in Word, then cutting and pasting. Also make sure you have a photo at the ready, to upload. Once I receive the information, I'll put it up on the site right away!

Sample of an individual "Site Profile"

CARIBOO MEMORIAL HOSPITAL AND HEALTH CENTRE

Please note: The information on this profile is provided by the clinical site, and may be subject to change.

City/Town:	Williams Lake	Clinical Website Link: Clinical Website Link
Site Address:	Main Floor, Cariboo Memorial Hospital 517 North 6th Avenue Williams Lake, BC V2G 2G8	
Area:	Out-of-Town, Williams Lake	
Health Authority Region:	Interior Health	Population of community: 10,632
Facility Type:	Hospital	See site location on map: Google Map
Placement Category:	IP	Community Website Link
Northern or Rural site?	Yes	
Are there housing possibilities identified in the community?	Yes. We do have a staff residence and we do offer accommodation if it is available. It is helpful to give as much advance notice as possible in order to be able to book the room. At this point, there is no cost for students from disciplines that are hard to fill, which includes PT.	

Welcome message from site

We welcome students in our department and will work hard to make you feel welcome and to give you the experiences that you are looking for.

We feel that Level 1 and 2 students will receive great experience and learning opportunities. We offer a broad rural, small town experience that can really help you to consolidate the knowledge you have learned so far and to building on all of your skills.

Hopefully, we'll see you and if not, we wish you well in your studies!!

Site Details

Placement Category:
[IP](#)

Facility Type:
[Hospital](#)

Patient population description:

Williams Lake is a town with a population of about 12,000 and supports an area population of close to 30,000. The main industries are forestry, mining and ranching. The people here are very tough and the pioneering attitude is alive and strong. It makes for very interesting work that requires us to be innovative and think outside the box.

Williams Lake is not a destination for the avid shopper, but definitely is for the outdoor enthusiast. We have great opportunities for mountain biking, hiking, riding, fishing, cross country skiing, water skiing, canoeing and all other water activities. We have a Recreation Centre with pool and gym area.

Physiotherapist expertise on site (special interests, degrees, certificates, etc.):

We have three PTs who have many years' experience. We all have different areas of interest and expertise as well as great general knowledge. One PT is a Bobath trained pediatric therapist, one PT is an FCA/PT (Part B manual therapist) with a Master's degree in Clinical Science in Manipulative Therapy, and one therapist has worked for many years in the area of respiratory physiotherapy.

These types of learning opportunities may be available at this site:

What we offer very well here is a basic placement covering many different areas, both clinical and worksite. You will come away with a great appreciation of most of the areas where public practice PTs work, including working in a small, but very active acute care hospital, some outpatients, community home visits, convalescent care and residential care. We see many post op hip and knee replacement patients, people with strokes, ABIs, multi-trauma and general medical conditions, including the frail elderly.

You will have the opportunity to practice and gain confidence in your patient handling skills, transfers, mechanical lifts, patient interviews, taking histories, hip and knee assessments and mobility assessments.

You may also have the opportunity to see some general surgery and obstetrics care/delivery.

NRC News: from UNBC & Northern and Rural BC communities

"Physiotherapists - Body Mechanics."

Robin's trusty Toyota takes her to clinical placements sites across the North!



Late Summer Greetings from Prince George! We've been blessed with great summer weather in the North, even if it did take a little while to get here. With Northern and Rural Cohort (NRC) students scattered about the province, we are frequently reminded of just how different the weather and health care can look from one corner of the province to the other. We had 10 MPT1 students in Prince George for 1A where students couldn't get over the experience of paddling down the Crooked River, past snowbanks, lathering on sunscreen so they didn't get burned to a crisp, in May! In the North!

However it wasn't all play in the North; the NRC students have become very involved in the community. NRC students Kailen, Kate and Danielle (right) enthusiastically shared their newly acquired physiotherapy knowledge with the public at the Prince George Home Show and Health Fair.



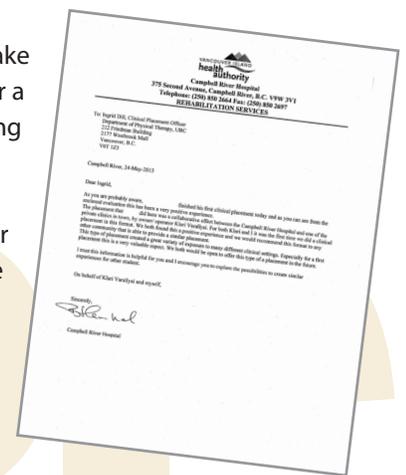
We had 12 MPT students in Prince George for 1B, some of whom received a true northern experience: Kaley Strachan (NRC) relays this story: "A few of us went out on the trails the other day and that was our first big encounter with northern wildlife. No, not bears, CATERPILLARS!!!" However, caterpillars didn't deter Kaley, Trevor and Curtis (below) from helping out at the Prince George Walk for Arthritis event on June 8th.



In addition to those in Prince George, the NRC were dispersed across the province for 1A and 1B, 2 in Kitimat, 2 in Fort St. John, 2 in Trail, 2 in Fernie, and 1 in each of the following communities: Terrace, Quesnel, Williams Lake, Salmon Arm, Campbell River, Nanaimo, Sidney and Kelowna. Not only were our students spread out in various communities, a few of them even had the chance to visit other communities, taking part in the Healthcare Travelling Roadshow 2013. This is a unique opportunity for students from many healthcare disciplines to tour around the smaller BC communities and visit schools. There they talk to students about their chosen profession, and give them a hands-on chance to try the tools of the profession. See the story (page 6) from Kaley and Kailen (our two MPT1 students who participated this summer).

We are thrilled at the ever increasing number of northern and rural clinical sites that are offering to take students, and many of them willing to try different models – multiple students to a single preceptor or a placement split between public and private practice. These have been enormously successful according to the students and the Clinical Educators.

Click on the letter to the right to read a testimonial from Berend, a public practitioner in Campbell River who shared a student with Klari, a private practice physio. These type of collaborative placements give students an opportunity to see how the context in which services are delivered shapes physiotherapy practice. Students also get a taste of what the possibilities are and the work reality of many physiotherapists. We continue to work on a number of innovative models for clinical education in the North and we look forward to sharing details with you in the next newsletter this Fall!



Fall?! That must mean that our First Northern and Rural Cohort students have completed one full year of the program! Congratulations and Welcome to the 2nd Northern and Rural Cohort of 20 students starting in September!

Robin Roots
Coordinator for Clinical Education,
Northern and Rural Cohort
Prince George/UNBC Campus

Spring 2013, in pictures!



I can only describe Sue as being “a complete nut job” for doing this. While in Toronto at Alliance meetings she decided to try the CN Tower “Edgewalk.” It consisted of being hooked up to a harness, walking around the platform, and letting some complete stranger convince you to hang over the edge!!! Pity about the weather, but personally I’d think a cloudy day was MUCH better than a clear one - can’t see the buildings 147 stories below!!



Here is our table at the annual Physiotherapy Forum this past April. Construction at the intended (hotel) venue meant a move to the Vancouver Convention Centre. Even though it was a rainy day, the view through the floor-to-ceiling windows was stupendous, watching float planes coming and going, looking at those beautiful North Shore mountains. If only I could have a Coal Harbour pied-à-terre! Happy that so many of you stopped by our booth to talk to us! We love to meet everyone in person.

Photos from the “Southerner’s” (as they call us!) Clin Ed team trip up to Prince George in April

1. It started with some wonderful hospitality from Terry Fedorkiw (with kitchen helpers Klari, Amy and Robin!). There might still have been snow on the ground (cropped out of the photo!) but that didn’t put a chill in our gathering. It was full of warmth and laughter. 2. A tour of the Prince George Child Development Centre, with Les, Lynn and Fabiola. 3. Ingrid trying out a “swing cart” in the CDC hallway! 4. The funky roof line of the Dix Building on the UNBC Campus (where the Plinth lab (5.) is located). 6. The exterior of the CINHS, where we dropped by with Robin for a quick hello.



Oh by the way, those of you who know me know two things. I’m not particularly shy, and I LOVE to bake!! Spending a whole day at the forum, Ingrid and I rather enjoyed the lovely catering offered by the fantastic people at the Convention Centre. I emailed and asked the Chef if he might part with a recipe for one of the many yummy cookies offered that day. Ask and you shall receive.... These are a really different take on the ones my mom makes with oatmeal.

Bird’s Nest Cookies

- ½ cup light brown sugar
- 1 cup butter
- 2 eggs, separated
- 2 cups flour
- Long shredded coconut
- Raspberry jam



Preheat the oven to 350F.

Cream the butter, add in the sugar and then the egg yolks. Cream well. Lastly, add in the flour.

Form dough into small balls (golf ball size or larger). Dip the top half of the balls in egg white and then in the coconut.

Place them on a baking sheet (coconut side up) and make a small dent with your finger in each one. Bake for 5 minutes. Remove the cookies from the oven and fill the depression with raspberry jam. Continue baking the cookies until lightly browned.

From: Vancouver Convention Centre Catering Chef

Don't you want to be a
PERSON OF IMPORTANCE

in your community???

Contrary to what this hilarious ad says, being a physiotherapist DOES require manual skill and clinical supervised practice!!! (Wow, think if you could have forgone your university degree to learn physiotherapy for FREE, only paying 4 cents postage! AND you got a free "moving picture projector" to boot!)

Fortunately (for patients!) things have changed. University education is a requirement, and part of that involves 180 hours of clinical practice.

That is where YOU come in.

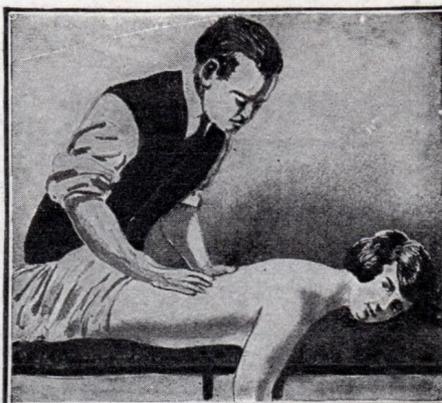
We are always looking for new Clinical Educators and Clinical Sites to join in the education of our UBC MPT students. If you are interested, we would be thrilled to hear from you. We offer support to find a solution that will work for you, as well as run workshops throughout the year (and the province), and have comprehensive information on our website.

Start by [clicking here](#), for more information; or check out our Workshops Calendar [here](#).

P.S. We've just booked a Vancouver workshop for the fall. See the last page for more info.

YOU CAN BE A

PHYSIOTHERAPIST



**Be Your Own Boss
 Have Nicer Work
 Earn More Money
 Be a Person of Importance in Your Community**

Here is a new, easily learned profession, originated by the sudden new demand for drugless methods of healing. The scientific name for the new calling is "Physiotherapy." It requires no unusual manual skill and needs no supervised clinical practice. Hence any man or woman of mature intelligence can quickly master the fundamentals and enter

this dignified profession, where the demand is urgent and the fees large.

Modern Drugless Healing is founded upon accepted scientific principles. It follows simple, natural principles that everyone knows and accepts. That is why the leading school of drugless healing in America, teaching by correspondence can train at home students without premedical training or higher education.

Motion Picture Instruction In Your Own Home

Another reason why training in Physiotherapy is now so amazingly simple—Every student who enrolls for this course receives a moving picture projector, together with a complete set of films that show the practical

work of the Physiotherapist. There is no extra charge for this equipment. By its use you can learn more about drugless methods of correcting physical disorders in a week than you could learn in months without it.

Big Demand—Earn While You Learn

Millions of men and women need this wonderful new science. Based upon the truly remarkable results in the army hospitals, the demand for Physiotherapy has spread rapidly in the United States. Many physicians frequently send their patients to Physio-

therapists. The public has also become educated to the value of this modern drugless system. In other words, there is waiting for you a dignified profession, a large clientele, and amazing big incomes.

FREE TRIAL COURSE

American University, 510 N. Dearborn St., Dept. N11, Chicago, Ill.
 (Chartered 1913 by the State of Illinois)

Please send me your Free Introductory Course in Physiotherapy. I am enclosing 4 cents to pay the postage.

Name

Address

City State



Drawing by Ingrid!

Ingrid's Corner

Hello Clinic Owners/Managers/RCs/DCs/Preceptors!

Whew! There are a lot of you and we are grateful for all the clinical placement opportunities you provide for our students.

As you know, we always welcome new sites/clinics and preceptors on board. I'd love to hear from you if you have any questions or feedback on any part of the placement procedure.

For those of you who have tried the new 'Acceptance of Offers' form by using the [link](#) in the latest Call for Offers, please do let me know how it is working for you.

I will continue to juggle (yes, that's me juggling this time around!) to ensure that we have wonderful placement experiences for our UBC students! We have been able to offer some innovative split placements with multiple preceptors in the last Level 1s and 3s. The cooperation between public and private facilities has been fantastic and has sprung some of the most interesting clinical

experiences. The students are coming back and telling us how awesome their experiences were and how interesting it was to see how public and private interweave and work together.

Thank you for the great response for our upcoming Level 2A/2B placements! Until next time, Ingrid.

CLINICAL TEACHING TIP: FEEDBACK

Feedback is an essential part of a student placement. As a Clinical Educator, the feedback you provide is most effective if it is linked to specific examples of what was well done or what could be improved.

Although *"That was great!"* is always nice for a student to hear, *"That was great because you communicated effectively with the patient. Your example of being able to walk more easily with their grandchildren worked really well to motivate the patient to walk an extra 30 feet"* is a lot more effective as it tells the student exactly what was "great" about their treatment, and enables them to replicate it in the future. Likewise, *"You need to work on your handling skills"* is less effective than *"When transferring Mrs. A she was off-balance because you were standing too far away from her. If you were closer you could have enabled her to take her weight more evenly on both sides by providing support to her left hip."*

Often it is not possible to give that level of the feedback immediately, so keeping notes or a student log can be helpful so that you can refer to specific examples when a formal feedback session occurs.



Lindsey Donner

The Healthcare Travelling Roadshow began in 2010; "it was conceived by the Rural Coordination Centre of B.C. as a grass roots initiative to address rural healthcare workforce shortages. It involves a multidisciplinary group of healthcare students travelling to rural communities to showcase career opportunities from the perspectives of the students training in those programs." This year MPT1 Northern & Rural Cohort students **Kailen Houle** and **Kaley Strachan** joined the roadshow. Here is their report back from the road...

Healthcare Travelling Roadshow 2013

This past June, during our first year of the UBC MPT program, we had the opportunity to join Medical, Nursing, Occupational Therapy, Medical Lab Technician and Medical Radiography Technician students on a *Healthcare Travelling Roadshow*. As students who are part of the *Northern and Rural Cohort*, we jumped on the opportunity to visit other rural communities like those in which we are from. We hit the road for a week to visit schools in the communities of Burns Lake, Southside, Fraser Lake, Vanderhoof and Fort St. James. The aim was to educate students and offer guidance towards a career in healthcare. The intention was to spark interest in the respective professions with the hope that the students would return to their underserved communities after receiving their education.

The roadshow was led by Dr. Sean Maurice, a Clinical Instructor for the Northern Medical Program at UNBC. This was the third and largest group of students from various disciplines, with 11 taking part from all areas of BC. Thus, this was a great opportunity to improve our interprofessional understanding through stories and conversations as we spent five days together.



Each day we presented to 2-3 large groups of students. To begin, we delivered a short presentation on who we were, why we chose Physical Therapy as a career, and what we found fun about it. Afterwards, the children had the opportunity to visit the Physical Therapy booth to learn more and try some interactive activities including: joint models, bones, wheelchairs, crutches, canes, bosu balls and various exercise equipment.

Throughout our week-long adventure, we were well looked after by members of each community. We were invited into hospitals and health clinics for tours of the facilities. Evening activities included BBQs with

[Click here for more information on the Roadshow](#)



"Skelly" posing with Kaley

Mayors and Council members, organized canoeing, mountain biking, hiking, speed boat and horseback riding. Everyone we met shared such passion and enthusiasm for the northern communities that they call home. We feel very appreciative to have had the chance to participate in the *Healthcare Traveling Roadshow* and would highly recommend this interprofessional event to future students!



Enjoying some free time in a canoe adventure... Kailen, and with Med student Benny and OT student Luc (who just happens to be my (Carolyn's) nephew!). He was on placement in Vanderhoof, so was excited to join the roadshow for one week of his placement.

WorkSafeBC coverage for MPT students coming soon

UBC health professional students on clinical placements will soon be covered by WorkSafeBC. UBC's Risk Management Office is just finishing off the final details as this is written.

This will be a huge and very beneficial change for our students, as previously if they were injured on placement students had to rely on their accident insurance policy, which didn't always fit the needs of a student injured "in the workplace."

This coverage will also be very beneficial for placements sites as students will have coverage as other employees do.

As soon as we have the green light from UBC, we will contact all of our clinical sites with an update.

Sue does it again!

In May it was announced that Sue had won the UBC Faculty of Medicine "Distinguished Achievement Award for Excellence in Education." The website (rather dryly) indicates that the award "Recognizes individuals whose performance during an assessment period (April 1 to March 31) was particularly meritorious." Translated, that means she does a pretty great job of contributing to the education of our students! **Congrats Sue!!**

Student-led clinics

It's hard to believe that it has been four years since the first student-led clinic in BC opened at Royal Columbian Hospital. Since then, this very successful model has been replicated in the Lower Mainland at GF Strong, and in a pilot project at Vancouver General Hospital (which we hope will result in ongoing funding). Northern Health has also embraced the idea and a clinic is under development in Prince Rupert which

WHAT'S NEW?

Tidbits of information worth knowing!

will be taking its first students with the Level 2 placements later this year.

Also in the works is a clinic at Surrey Memorial Hospital, which is based on the RCH model and will be accepting students as of November. We look forward to working with Clinical Educator Melissa Idle.

These clinics provide wonderful experiences for students as well as much needed services to patients and their families. We are delighted that the number of clinics is growing throughout BC.

"An investment in knowledge pays the best interest."

— Benjamin Franklin



Brentwood Physiotherapy & Massage
Brentwood Bay, BC

Central Interior Native Health Society
Prince George, BC

City Sports & Physiotherapy
Downtown Vancouver (welcome back!)

PhysioLife White Rock clinic
White Rock, BC

Trailside Physio
New Westminster, BC



Fall 2013 Vancouver-area Clin Ed Workshop just booked!!!

We have just confirmed the next Vancouver-area Clinical Educator Workshop. It will take place at the *Diamond Health Care Centre* at Vancouver General Hospital.

Tuesday, October 8, 2013

9:00 am - 4:00 pm

(Full-day workshop)

This free workshop is open to all physios who are interested in taking a student on placement, or to those who have taken a student but would like a refresher! Everyone is welcome to this informative, fun day.

If you would like further information, please contact Carolyn. **To register, click here.**

Contact Us

Here is how to reach us...

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By the way, have you...

- ...supervised UBC MPT students?
- ...or served on a UBC committee?
- ...or instructed in the MPT program??

Are you interested in becoming more involved at UBC?

Did you know you could become a UBC Clinical Faculty member?

Look here, or contact **Carissa Dyck** for more information!

Click here to sign up
to our newsletter email list