

**BC INJURY** research and prevention unit

# Sport Concussions

*Unmasking Concussion in BC*

AN EVENING WITH HOCKEY LEGEND

**KEN DRYDEN**



## CONCUSSION RESOURCES IN VANCOUVER

Concussion Awareness Training Tool (CATT)  
for Parents, Players, Coaches and Trainers  
[www.cattonline.com](http://www.cattonline.com) (launch March 2014)

BC Children's Hospital  
[www.bcchildrens.ca](http://www.bcchildrens.ca)

GF Strong Rehabilitation Centre  
(adolescent/adult)  
[www.vch.ca/gfstrong](http://www.vch.ca/gfstrong)

Allan McGavin Sports Medicine Centre  
[www.allanmcgavinphysio.com](http://www.allanmcgavinphysio.com)

Fortius Sport & Health  
[www.fortiusport.com](http://www.fortiusport.com)

**5-9 PM** | Chan Centre for Family Health Education  
950 West 28th Avenue, Vancouver  
**JANUARY 28 | 2014**

Presented by the BC Injury Research and Prevention Unit and  
BC Ministry of Health in partnership with:



5:00 pm

**Opening Reception** (hors d'oeuvres & refreshments will be served)

6:00 pm

### Opening Remarks

Dr. Tim Oberlander – Head of Developmental Neurosciences & Child Health, CFRI

Honourable Terry Lake – BC Minister of Health

### Introduction of Ken Dryden

Dr. Ian Pike – Director, BC Injury Research and Prevention Unit (BCIRPU)

### Emcee: Dr. Ian Pike

Ian Pike is the Director of the BC Injury Research and Prevention Unit, Associate Professor in the Department of Pediatrics at UBC, Clinical Investigator at the Child and Family Research Institute, and Co-Executive Director and Spokesperson for The Community Against Preventable Injuries, an injury prevention social marketing organization.

### Host: Ken Dryden, OC

Ken Dryden was a goalie for the Montréal Canadiens from 1971-79, during which time the team won six Stanley Cups. He is a member of the Hockey Hall of Fame and Canadian Sports Hall of Fame, as well as the author of five books, including *The Game* and *Becoming Canada*. He is a former Member of Parliament and federal Minister of Social Development, and now teaches at McGill and the University of Calgary.

### Organizer: Dr. Shelina Babul

Dr. Shelina Babul is the Associate Director/ Sports Injury Specialist with the BC Injury Research and Prevention Unit located at BC Children's Hospital. For the past 15 years, she has been involved in various injury prevention strategies and initiatives, but primarily focuses on sport & recreational evidence-based research development, with a particular specialization in concussions/traumatic brain injuries (TBIs) and its recognition, treatment, management and prevention.

### Patients Affected by Concussions

Alyssa Wellar – Hockey Player

Ella Mahaffey – Soccer Player

Shanaz Ramji-Motani – Educator

Marco Ianuzzi – Pro Football Player

Clare Mahaffey – Parent

### Medical Professionals

Dr. Jack Taunton – Sports Medicine Physician

Dr. Navin Prasad – BC Lions Team Physician

Dr. Bill West – Vancouver Giants Team Physician

Dr. Rob Lloyd-Smith – Sports Medicine Physician

Dr. Naz Virji-Babul – Neuroscientist

Kathy Wong – Occupational Therapist

Robyn Littleford – Department Head, GF Strong Rehab Centre

### Sports Representatives

Ryan Walter – Previous NHL Coach & Player; President, Abbotsford Heat

Matt Erhart – Assistant Coach, Vancouver Giants

Barry Petrachenko – Executive Director, Hockey BC

Pat Waslen – Executive Director, Football BC

Graham Thomas – UBC Women's Hockey Coach

Cindy Secord – President, Pacific Coast Amateur Hockey Association

Markus Reinkens – Coach, BC Soccer

### Open Questions from the Audience

### A Few Words on CATT

Dr. Shelina Babul – Associate Director/ Sports Injury Specialist, BCIRPU

### Closing Remarks

Dr. Ian Pike

*Note: Last minute modifications to the panel may occur.*

*"Sport-related concussion has received considerable attention in the past few years. This symposium will provide an opportunity to hear about the latest information on concussion recognition, treatment and management as well as prevention efforts in the province."*

- Dr. Shelina Babul

## Concussion Awareness Training Tool (CATT)

*for Parents, Players, Coaches and Trainers* (launch March 2014)

This event will highlight the importance of the soon-to-be released Concussion Awareness Training Tool (CATT) developed by the BCIRPU in partnership with the BC Ministry of Health. Created for parents, players, coaches and trainers, the CATT will build on a number of existing resources, including the CATT for physicians and health professionals, to provide an educational training tool that will raise awareness of concussion as well as the need for proper management and prevention.



For more information visit: [www.cattonline.com](http://www.cattonline.com)

## BC Injury Research & Prevention Unit (BCIRPU)

BCIRPU is a leader in the development and evaluation of evidence-based prevention strategies among provincial, national and international injury prevention communities. Serving as a hub, BCIRPU plays a central role in coordinating and supporting injury prevention initiatives throughout the province and Canada and has contributed to the understanding and prevention of injury in BC and beyond.

[www.injuryresearch.bc.ca](http://www.injuryresearch.bc.ca)

## Developmental Neurosciences & Child Health (N2N)

The Developmental Neurosciences & Child Health research cluster promotes a collaborative, dynamic and interdisciplinary approach to research by interacting with others at the Child & Family Research Institute (CFRI), at the University of British Columbia (UBC), in the external community, and internationally.

[www.cfri.ca/our-research/research-clusters/developmental-neurosciences-child-health](http://www.cfri.ca/our-research/research-clusters/developmental-neurosciences-child-health)

## Child & Family Research Institute (CFRI)

The Child & Family Research Institute (CFRI) is a collaboration between the University of British Columbia, BC Children's Hospital and BC Women's Hospital & Health Care Centre. The Institute is dedicated to research spanning a wide range of children's and women's health ranging from pathology, reproductive and developmental sciences, medicine and microbiology, to epidemiology, health services research, and nursing concerns and is the largest research institute of its kind in Western Canada.

[www.cfri.ca](http://www.cfri.ca)