

Outcome Measures for Total Joint Arthroplasty (THA & TKA)

Guide to using the TJAOM Toolkit

1) From the Recommended Outcome Measures along the Continuum of Total Joint Arthroplasty

- i) Identify the relevant phase of care:
 - Pre-op, Acute, Post-acute, Active Living
- ii) Select, based on the needs of your patients and practice setting, at least one of each category of outcome measure:
 - Patient-Reported Outcome Measure (PROM) e.g. Pain VAS/NRPS, LEFS, HOOS or KOOS
 - Performance Measure e.g. 30 sec-CST, Gait speed, Stair Climb, TUG, Functional Reach, SLS, 6MWT

2) From the One Page Summaries for each outcome measure

- i) Review the information for the outcome measures that you selected and
- ii) Review the instructions of how to do the test from the link provided in the section “How do I do it?”

3) From the Learning Modules for each outcome measure

- i) Review the learning modules for each of the outcome measures that you selected

4) **Practice**, with a colleague, each outcome measure that you selected

- 5) **Trial**, with 5 consecutive patients, each outcome measure that you selected
- Do it (according to the instructions)
 - Score it (according to the instructions)
 - Interpret it (according to the information about the MDC, MCID, cut-offs, norms etc.)
- 6) **Use**, with all appropriate patients, at admission, at least once through the series of treatments, and at discharge, each outcome measure that you selected
- Do it
 - Score it
 - Interpret it
 - Explain the interpretation to the patient
 - Adjust your treatment according to the results
 - Document the result, interpretation and any changes to treatment
- 7) **Use the Discharge Letter Template and Appendices to communicate the results and interpretation with the physician.**
- Read “**How to use the Total Joint Arthroplasty and Outcome Measures (TJAOM) Discharge Letter Template and Appendices**”
 - Customize the letter with your clinic/organization’s logo and address
 - Cut and paste the outcome measures and suggested interpretation statements that are relevant for the patient