**BEAUTIFUL B.C.**

This year many of us have perhaps been prompted to stay in our own (big!) backyard and explore our beautiful province (or country). My husband and I did that very thing, putting 2700 km on our hybrid and touring about the Okanagan and Central Interior a few weeks ago. It was good to be reminded of what a diverse and amazing province we live in. (Read more about one very remote area below!)

Even though the UBC campus is “summer quiet,” preparations are well underway to send off our graduating class in November, and to welcome our next cohort in late August. Never a dull moment!!

**Happy rest of the summer!**

Carolyn

carolyn.andersson@ubc.ca

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**The Clinical Faculty Mentoring Pilot Program**

The Clinical Faculty Mentoring Pilot Program, a partnership between the office of Clinical Partnerships and Professionalism and UBC CPD, began in December 2017. This 8-month program provides mentorship to support the career and personal goals of clinical faculty members in both Medicine and Physical Therapy.

The Physical Therapy arm of this pilot has matched five more junior Clinical Faculty/Clinical Educators (the mentees) with five experienced clinical faculty members (the mentors). All of the PT mentees are practising in communities outside of the greater Vancouver region. Each mentee/mentor pair has committed to meeting on a regular basis to discuss topics related to specific goals identified by the mentees. Each mentee had a choice of mentor, drawn from a pool of volunteer clinical faculty.

This unique pilot project began with an in-person gathering in Vancouver. Senior leaders and speakers from Clinical Partnerships and Professionalism, the Department of Physical Therapy and UBC CPD were on hand to offer background information about the value and process of a structured mentoring program and to invite discussion, perspectives and questions. The program has included evening webinars by content experts (goal-oriented feedback, resiliency and healthcare culture) and provides a repository of resources for participants.

An evaluation study will look at the impact on engagement of clinical faculty and on each mentee’s self-identified goals for the program. Following the evaluation of the pilot the intent is to make the program scalable to accommodate more Clinical Faculty and to include all disciplines within the Faculty of Medicine.

This is an exciting clinical faculty development project at UBC and Physical Therapy is proud to be one of the two professional groups taking part in the pilot.

**Written by:**

Jan Lowcock, PT CPD Coordinator, Department of Physical Therapy

Susan Paul, Director, Clinical Faculty Affairs, Faculty of Medicine

For more information, contact cf.mentoring@ubc.ca.

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**Hartley Bay Outreach: A clinical education adventure**

by Anna Daburger, UBC MPT1 student

**During my recent 1B placement at the PRISM (Prince Rupert Interprofessional Student-led Model) clinic I had the opportunity to visit the very remote First Nations village of Hartley Bay for a three-day outreach trip. Located at the mouth of the Douglas Channel, Hartley Bay is only accessible via four-hour ferry ride or float plane from Prince Rupert. It has a population of about 180 and is built on stilts over swamp land; everyone gets around on boardwalks, often driving golf carts. It has no grocery store or access to viable soil to grow food, so all of their resources have to be shipped in. The people of Hartley Bay were incredibly hospitable and appreciative of our time, and I was honoured to be welcomed with such open arms into their community and onto their land.**

A large barrier that the community members face is a lack of access to physical activity resources; there is one gymnasium but it has no exercise equipment (something that my preceptor Caitlin DuBiel is advocating to change), and the boardwalks are often slippery and unsafe for jogging. While getting to know these individuals and finding out ways to help them lead healthier lives, it became obvious very quickly how difficult it can be to improvise as a healthcare provider in such remote and isolated settings.

Another complexity was being able to tackle an undiagnosed injury, often underlying many layers of chronic disease, confidently and with leaving no stones unturned in the short time I had with each individual. This has really made me reflect on the complexity of remote and rural practice, as the healthcare delivery is so transient, making it incredibly difficult to be able to follow someone on their rehab journey.

I am feeling especially grateful for an education that has brought me to such a distant and fascinating place, and given me the opportunity early on in my career to experience remote practice.
**APPROVAL OF IN-HOUSE STUDENT-LED CLINIC!** Excitement abounds around the Department of Physical Therapy following the approval from the Faculty of Medicine to open our very own student-led clinic, *The UBC Physical Therapy and Research Clinic*. This fantastic initiative will provide rich clinical placement opportunities for the MPT students, the ability to integrate and support departmental research, a milieu to foster interdisciplinary collaborations across the Faculty of Medicine, and evidence-informed care to patient populations in the community.

The Steering Committee has begun moving forward on plans to open the clinic September 2019 in the Friedman Building on campus (home of our department). This committee brings a wealth of knowledge, clinical and entrepreneurial experience, and diverse points of view from various Faculty and Clinical Faculty. Clinical Faculty member and CHES fellow *Edwin Betinol* has graciously committed to the role of *Implementation Manager*. Stay tuned for further updates!

**LEVEL 1 PLACEMENTS FEEDBACK:** Our MPT1 students have returned from their first two (consecutive) placements. Their enthusiasm is contagious as they catch up with one another and share their placement experiences from across practice areas and geographical regions of the province. Here are a few highlights of the feedback shared by the students:

*What was one thing that your Clinical Educator(s) did which really helped you learn in your placement?*

- Set up the learning experience by clarifying learning objectives, expectations and roles right away.
- Broke down complex presentations into simple variables to consider
- Provided informal feedback and discussion at the end of each day to foster reflection
- Provided a safe and supportive learning environment
- Balanced support and independence; pushed my learning when needed
- Allowed time to discuss plans and problem solve regularly (especially prior to patient sessions)

*What was the most important thing you learned?*

1. Time management!
2. Charting: learning how to chart effectively, reading charts and determining what is relevant to guide assessment and treatment planning
3. Consent
4. Patient safety and dignity
5. Interprofessional communication
7. Goal setting: patient-specific and functional

As the MPT1 cohort transitions into MPT2s in August, they gear up for an exciting course block, preparing for Level 2 placements in November! Thank you for your ongoing support of our MPT students and our Clinical Education Team!

**BEST, KAREN**

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**PRISM EXPANDS ITS REACH:** The Prince Rupert Interprofessional Student-led Model (PRISM) clinic has initiated a pilot to conduct clinical outreach to Hartley Bay (145 kms south of Prince Rupert) as the crow flies, but only accessible by ferry or air. [See the article on page 1 by MPT1 student Anna Daburger who participated in this outreach as part of her 1B placement at PRISM.] Clinical Instructor *Caitlin Dubiel* will be exploring the use of telehealth from the PRISM Clinic to conduct follow-up with the community in between visits. A group of NRC students will be evaluating this service delivery model as part of the PTH 552 quality improvement project.

**CLINICAL ASSOCIATE PROFESSOR RETIRES:** Terry Fedorkiw is well known to many for her contributions to the physiotherapy profession and her advocacy for a rural training program. While we hope that she will continue to be a strong voice in the north for these causes, she has retired from clinical practice for the second time!

Terry first came to Prince George in 1973 and worked in the hospital for a few years before starting the first private practice in Prince George in 1976. She sold Phoenix Physiotherapy in 2011 and retired from clinical practice. However with the development of the NRC in 2012, Robin convinced Terry out of retirement to supervise physiotherapy students and deliver services at Central Interior Native Health Society (CINHS).

After five years of dedicated service to her patients and supervising countless MPT and MOT students she is retiring again. At Terry’s retirement party, UBC MPT Grad Christina Conrad spoke of Terry’s terrific skills as a Clinical Educator and mentor. In the wonderful cycle of teaching and learning, Christina was Terry’s inpatient physiotherapist following Terry’s recent joint arthroplasty surgery! We are confident that Terry will continue to be a strong advocate to address the shortage of physios in northern and rural areas. Terry is the recipient of the PABC Award of Excellence for professional contribution in 2012 and the CPA Mentorship Award in 2016. Congratulations on your retirement Terry!

**OTHER NRC NEWS:** Thanks to all those who supervised our MPT1 students for their Level 1 placements. For the NRC, three quarters of those placements were in northern or rural communities. Many students embraced the opportunities, including spoiling Johanna Jenkins’ horses at the *Annual Northern Physiotherapy BBQ* in Prince George in early July!

**CHEERS, ROBIN**

We would like to congratulate our team member Robin, winner of the *2018 CPA Global Health Award*!!

See the announcement here: [https://physiotherapy.ca/robin-roots-0](https://physiotherapy.ca/robin-roots-0)
MPT STUDENT OBSERVATION OF SURGERIES

We have recently learned of policy changes within some health authorities related to student ‘surgery observation’ and their requirement to record the experience into HSPnet. Observation of surgeries is not a requirement of an MPT clinical placement and as such, the Clinical Education team is unable to support site requests to input OR Surgery observations as split placements within HSPnet.

At some clinical placement sites these student experiences are scheduled in-house without additional HSPnet data input required from UBC. If you—as the Clinical Educator—feel it will add value to student learning while aligning with the learning objectives for the placement please feel free to arrange something for and with your student.

Welcome
TO OUR NEW CLINICAL SITES

Footbridge Physiotherapy
Vancouver

Pivotal Health
North Vancouver

Qi Integrated Health
Vancouver

Reformotiv Physio + Pilates
Vancouver

Tall Tree Tall Tree Physiotherapy
& Health Centre
Vancouver clinic

Transitions Physiotherapy
Smithers

Vancouver NeuroPhysio

“Significant Concerns”
(on the ACP online assessment)

At the bottom of each competency page on the ACP student evaluation there is a box the Clinical Educator may check ‘if you have significant concerns’ with a student’s performance for that particular competency.

This may be indicated for either Interim or Final evaluation (or both). It provides an alert to the department so that we may follow up with the Clinical Educator. The option exists for each competency page as required.

Please check if you have significant concerns with the student’s performance on these items.

☐ Interim  ☐ Final

Are you interested in becoming a UBC Clinical Faculty member? You just need to have supervised one student on placement to start the process... Look here or email for information!

Are you a private practice clinician? We welcome you to take a look at our Private Practice Toolkit, a short module especially for you! It offers answers, solutions and resources for physios who have concerns about what taking a student entails.

Contacts

Karen Sauve
Associate Head,
Clinical Education
(UBC)
karen.sauve@ubc.ca

Carolyn Andersson
Clinical Education Officer
(UBC)
carolyn.andersson@ubc.ca
OFFICE HOURS: Mon-Thu

Ingrid Dill
Clinical Placement Officer
(UBC)
ingrid.dill@ubc.ca
OFFICE HOURS: Tue-Fri

Robin Roots
Coordinator of Clinical Education
Northern and Rural Cohort
(Prince George)
robin.roots@ubc.ca

Shannon Norum
Administrative Assistant
Northern and Rural Cohort
(Prince George)
physio@unbc.ca

Department of Physical Therapy | Faculty of Medicine | The University of British Columbia