



## BEAUTIFUL B.C.

Christmas commercials have started and the trees are giving their final show of beautiful fall colours. Winter is lurking somewhere in the wings, evident from the great photo below, taken by TJ (our IT Tech). Eko (from the Swedish word for squirrel, "Ekorre") is our resident squirrel, and a constant visitor to Audrey's office windowsill! You can see she is stocking up! Fall is fleeting...

Our first cohort is settled and well into their routine of classes. Some of you will have also seen them at your workplaces, as our first group went on *Shadow Placements* in October (the second group is currently out). We are grateful to those physiotherapists who do this type of placement (when a Clinical Educator makes the time to have a student(s) shadow over the course of several Wednesday mornings). This is our students' first real-life encounter with preceptors and patients alike!

Is it too soon to say **Happy Holidays???**

*Carolyn*

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## (U)BC physio community shines at Congress!



L to R: Alison Hoens, Robin Roots, Roly Fletcher

UBC was well represented at the **2018 CPA Awards!** Award recipients included Alison Hoens, Roly Fletcher, Libby Swain, and our very own Clin Ed team member Robin Roots!

Clinical faculty member Roly Fletcher was the recipient of the **CPA Clinical Education Award**. This award is presented to a member who has made outstanding contributions to the clinical education of physiotherapy students. Roly, who is a Clinical Associate Professor in the Department of Physical Therapy, has contributed extensively to the education and training of UBC MPT students

through teaching in the curriculum and clinical placement mentorship. We are also fortunate to have Roly's contributions as part of the Steering Committee for the creation of the upcoming *UBC Physical Therapy and Research Clinic*.

The highest honour recognized by the CPA, the **Enid Graham Memorial Award**, was presented to Alison Hoens, Clinical Professor in the Department of Physical Therapy and Physical Therapy Knowledge Broker (*a position jointly funded by The UBC Department of Physical Therapy, The Physiotherapy Association of British Columbia, Vancouver Coastal Health Research Institute, and Providence Health Care Research Institute*). Alison works tirelessly in her role and has had a profound impact on our profession. Alison's lecture, "*KT in PT. It Matters... to All of Us*," was engaging, humorous, thought-provoking and impactful. Congratulations on your well-deserved recognition Alison!

Robin Roots, Coordinator of Clinical Education for our UBC MPT Northern and Rural Cohort, was awarded the **CPA Global Health Award** for her work in augmenting the profile of physiotherapy internationally. Robin is a passionate and dedicated physiotherapist, instructor, and advocate.

Clinical Associate Professor, Libby Swain received the **CPA Professional Contribution Award** for enhancing the profession through a unique and outstanding contribution over a notable period of time. Throughout her impressive career, Libby has contributed to teaching in the MPT program and the mentorship of students on clinical placement.

**Congratulations to everyone!**

### Congratulations!

**Jodi Dool**  
Blackbird Physiotherapy:  
Hand to Shoulder Centre

*Cobalt Level*  
\$300 prize

**Katarina Krc**  
University Hospital  
of Northern BC

*Sapphire Level*  
\$475 prize

**Erin Gagne**  
GR Baker Hospital

*Royal Level*  
\$1,000 prize  
+ 1-year PABC membership\*

\*Current value: \$319.82. CPA membership required.

### Fall 2018 Recognition Draw winners

It was time again, for the **Clinical Educator Recognition Draw**; a semi-annual lottery for physiotherapists who supervise and mentor our students on clinical placement.

Every time you supervise an MPT student on a placement you earn points. When you have attained sufficient points within a time frame you can submit an application for a draw (at various levels) and have the chance to win \$300, \$475, or \$1,000 (the top prize also includes a 1-year PABC membership). Draws are semi-annually. March and October.

For more information on the *Clinical Educator Recognition Program*, or to apply, [click here](#). *FYI our next draw deadline is March 1, 2019.*

# Clinical Placements - not just around the corner

If we mention clinical placements most physiotherapists imagine our MPT students heading off to placement sites close to home, but our students, as part of their MPT program, must be prepared to travel out of town at least twice (and four times for our Northern and Rural Cohort). What people might not know is that our students have yearly opportunities to travel a lot farther!

It first started with Hilary Crowley (who had been working with a not-for-profit in India since 1994) when she proposed the idea of escorting PT/OT students to India, for a five-week placement with SODA. The **Samuha Overseas Development Organization** is an organization that works to improve the quality of life of people with disabilities in the state of Karnataka. From those early beginnings our alliances have grown, and we presently have opportunities to send students to sites in Haiti, Sri Lanka, India and Nepal. We are most appreciative of the physiotherapists working at these sites, who take on the role of Clinical Educator for our students.

As you can imagine, facilities, working conditions, illnesses, equipment and opportunities can be vastly different than those in Canada. Students bring with them enthusiasm and knowledge, rise to challenges, and learn a great deal from the local staff.

The process to apply for a placement is quite involved. Students must express interest by contacting our Clinical Placement Officer Ingrid. They must be able to meet certain requirements in order to be considered, and attend an informational interview with Karen and Robin if they are eligible. Several sites have stipulations about the number of students that can attend (normally 2-4) and in some cases students must be sent in even numbers, as they share accommodation!

Once chosen, students are responsible for all of their costs, but each site does provide food and lodging. Students quickly set about adapting to the culture and customs. They are often welcomed into the local staff's homes for meals, and have the opportunity to explore the region on their time off. One of the first purchases is usually a kurti, not only because that is the norm, but because of the heat!

We have consistently amazing feedback from students about their placements overseas. They are truly once-in-a-lifetime experiences.



Students all decked out in their new, local clothing, the kurti.



MPT student Geordana (with OT student and Centre staff) at the Navajeevana Rehabilitation Centre in Sri Lanka



MPT student Brooke at a paediatric clinic in Samuha (India)



Tim at his placement with Fondation Tous Ensemble in Haiti. His patient was rehabilitating after being shot 16 times (15 months earlier).



Hilary Crowley showing students the sights in India.

## Clin Ed Update

### DO YOU REVIEW T-RES CLINICAL LOGS WITH YOUR STUDENT ON PLACEMENT?

Using online software called "T-Res," our MPT students are required to complete a *Clinical Education Portfolio* for each of their six clinical placements. Portfolios include 3-5 learning objectives for each placement, a learning plan and a clinical log of conditions assessed and treated. (*No confidential or identifying patient information is used.*)

As Clinical Educators, you can ask your student for a printout of the clinical log prior to placement to gain a better understanding of your student's clinical experience to date.

The clinical log can also serve as a great tool for discussion around reasoning. Students are encouraged to enter the data to best reflect their clinical reasoning with each patient; specifically, which assessment and treatment techniques they used. By engaging the students in discussion around their selection of assessment and treatment techniques, the findings and analysis of those findings can help them articulate their clinical reasoning and 'think out loud.' This process is critical to enhancing clinical reasoning and assists Clinical Educators in evaluating those skills on placement. Please touch base if you have any questions about the Clinical Education Portfolio and how to integrate this into your mentorship of MPT students!

This fall has been a busy and exciting term in the Department. It is wonderful to re-connect on campus with our (graduating) 2018 MPT Cohort. They have shared many stories about their enriching final clinical placements across the province, their preparations for the upcoming Physiotherapy Competency Exam Clinical Component, and their upcoming employment opportunities in public and private practice. Thank you again to all of our Clinical Educators for helping mentor and inspire this next cohort of UBC MPT graduates! Speaking of them... congratulations to our graduates! I will be thrilled to watch you cross the stage at convocation this month!



The UBC Physical Therapy and Research Clinic Steering Committee remains busy with preparations for the clinic opening, slated for late August 2019.

Renovation plans are under review and we hope to start the work in the new year. Stay tuned for photos of the new space!

*Of note:* We will soon begin recruiting for the supervising physiotherapist position for the clinic. *Do you have a passion for teaching and mentorship of MPT students in clinical practice?* We will be distributing the job posting to our clinical faculty in the near future. Please do not hesitate to reach out via email if you have any questions about the clinic. [karen.sauve@ubc.ca](mailto:karen.sauve@ubc.ca).

**BEST, KAREN**

Autumn greetings from Northern BC. After a particularly smoky and unsettling summer for many, the fall has turned out to be spectacular, with glorious colours in the landscape and we haven't seen signs of snow yet!



The fall also brings with it greetings and goodbyes. We welcomed our 7th Northern and Rural Cohort into the program at the end of August, and in a few weeks' time, our fifth NRC cohort will cross the graduation stage ready to launch their Physiotherapy career. It is an exciting and energizing time for everyone.

As the number of NRC graduates slowly climbs towards statistical significance, we are excited by the trends that show that close to half of NRC graduates are working in a northern or rural community as compared with seven percent of Vancouver cohort graduates. Furthermore, there is a greater distribution of NRC graduates across the province (Island, Interior and Northern) as compared with Vancouver cohort graduates, who are concentrated in Vancouver Coastal and Fraser regions. This NRC program outcome is noteworthy given that regional distribution of the PT workforce in BC remains a critical aspect in addressing shortages.



NRC student Gwyn on Mouse Mountain, with a vista of Fraser Lake, BC in the background

A huge thank you to all our CEs who supervised the 2016-2018 NRC Cohort. (See below about upcoming workshop offers!).

We wish all our graduates the best as they start their careers. We look forward to sending students their way in a year or two!

**CHEERS, ROBIN**

# Welcome

## TO OUR NEW CLINICAL SITES

**Active Recovery Physiotherapy & Hand Clinic**  
Victoria

**Bulkley Valley Child Development Centre**  
Smithers

**Kinsmen Lodge**  
Surrey

**NeuMovement**  
Vernon and Kelowna

**PhysioCare at Home**  
Mobile (Greater Victoria and Sidney)

**PlayWorks Physio**  
Port Moody

**Shelbourne Physiotherapy Health Solutions**  
Various clinics/Victoria

**Simon Fraser University Sports Medicine**  
Burnaby

**Synergy Rehab**  
Surrey/Richmond

**Three Sixty Physiotherapy**  
Kelowna

### Interested in attending a Clinical Educator Workshop in Campbell River/Comox/Courtenay or Williams Lake??

Robin will be heading to northern Vancouver Island at the beginning of February. She is also looking to host a workshop in Williams Lake in January/early February. Workshop format and duration tbd (between 3.5-6 hours, depending on needs).

If you would like to express interest in attending a workshop, or want more information about options please contact Shannon.



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