



## TEACHERS AND LEARNERS

I recently came across a wonderful quote from Benjamin Franklin:

“Tell me and I forget,  
teach me and I may remember,  
involve me and I learn.”

I thought it fitting to include it in this edition of “Insight,” given our front page is devoted to recognizing the efforts of one type of **teacher** in our program, our Clinical Educators.

With the last expansion of our MPT program in 2010—to 80 seats—we asked for even more involvement from our community. We are grateful to all of our sites and physical therapists who take on a mentorship role for our MPT students.

We wish we could give each and every one of you an award! Your knowledge, guidance, experience, understanding and leadership are a wonderful contribution to the **1,080 clinical hours** each of our students spends on placement.

On behalf of the UBC PT Clinical Education team - thank you.

*Carolyn*

# Awards Season!

## 2019 Clin Ed Award winners announced!

With the change of date for the *BC Physio Education Forum*, we are happy to announce the names of our latest **Clinical Educator Award winners** in this newsletter! Our award annually recognizes excellence by clinicians in the education, supervision, and mentoring of our MPT students. Students may nominate a Clinical Educator who has provided an exceptional experience on any of their placements, or as part of their ongoing coursework. Nominations are reviewed each spring by committee. A total of three awards (one per level) may be given out each year. All nominees are acknowledged with a certificate of appreciation. We are pleased to be presenting the awards to all three winners at this year’s *Forum Awards Gala* April 27th.

### Congratulations to this year’s winners:



**LEVEL 1**  
**Caitlin Dubiel**  
PRISM Student-led Clinic  
@ Prince Rupert  
Regional Hospital

**LEVEL 2**  
**Prue Hicks**  
Queen Victoria Hospital;  
Red Cedar Physiotherapy  
Revelstoke

**LEVEL 3**  
**Angie White**  
Holy Family Hospital  
Vancouver

Look for Carolyn and Ingrid at the **UBC PT Clinical Education booth** at the Forum this month! (Shannon, who can speak to all things Northern & Rural, will also be coming down from Prince George.)

Our booth will be in a new location—the *Grand Foyer* area just outside the main doors to the trade show space.

We look forward to catching up with everyone, as well as making some new PT community acquaintances! Stop by and say hello!



### Congratulations also go to...

### Our spring 2019 Recognition Draw winners

**Karen Ruckenstein**  
Ridge Meadows Hospital

*Cobalt Level*  
\$300 prize

**Chelsea Digney**  
Holy Family Hospital

*Sapphire Level*  
\$475 prize

**Lisa Kim**  
St. Paul’s Hospital

*Royal Level*  
\$1,000 prize  
+ 1-year PABC membership\*

Time again, for the Clinical Educator Recognition draw; a semi-annual lottery for physiotherapists who supervise and mentor our students on clinical placement.

Every time you supervise an MPT student on a placement you earn points. When you have attained sufficient points within a time frame you can submit an application for a draw (at various levels) and have the chance to win \$300, \$475, or \$1,000 (the top prize also includes a 1-year PABC membership). Draws are semi-annually. March and October.

For more information on the Clinical Educator Recognition Program, or to apply, [click here](#). FYI our next draw deadline is **October 1, 2019**.

\*Current value: \$319.82. CPA membership required.



## Welcoming YOUR MPT STUDENT

We have a new template that you are welcome to print up and post, announcing your UBC MPT student on placement at your clinical site.

You might want to display it at your reception desk or waiting room, or any appropriate place patients/clients might see it. Not only will this make your student feel welcome and a part of your team for the five-week placement, it will alert everyone in your workplace about the new face and show them how you are paying it forward with mentorship!

The template is a just a guide. You can also take inspiration from it if you would like to brand a welcome sign more specific to your clinic. It is in Microsoft Word.

You can also find the template by going to [www.pt.med.ubc.ca](http://www.pt.med.ubc.ca). Click on the *Clinical Educators* tab, and choose *Resources for Clinical Educators and Sites*.

[GO TO THE DOWNLOAD PAGE](#)

## UPDATE ON THE UBC PHYSICAL THERAPY & RESEARCH CLINIC

We are working full steam ahead on the development and opening of the new student-led clinic in the Department of Physical Therapy. Renovations are set to begin in May, with anticipation of the clinic opening in July. We recently reached out to some of the current clinicians supporting MPT students in student-led clinics in the province for their feedback and insights.

### What are the key features of a student-led model in physiotherapy practice education?

A student-led clinic supports clinical placement opportunities for multiple students at a time. This model of practice education offers interprofessional collaboration, such that students from multiple health disciplines are working and learning in the clinic together. Students are expected to collaborate to provide quality and shared health care focusing on clients with complex needs and multiple comorbidities. Within this model, students are responsible for managing patient care under the supervision of the Clinical Educator. The students take on their own caseloads from the onset of the placement with support and guidance from the Clinical Educator.



"The student-led clinic model is an engaging opportunity for a rich learning experience that aims to support students in the outer reaches of their perceived comfort zone. Student clinics help to empower students."

**Caitlin Dubiel**

Prince Rupert Interprofessional Student-led Model (PRISM) Clinic

### What are the benefits to students and clients in using this model?

The opportunity for peer coaching is a huge benefit of the student-led clinic model. Students learn together, teach each other and provide feedback to one another. Students may share clients and co-treat, or work through their clinical reasoning together prior to consulting the Clinical Educator. This model fosters critical thinking and clinical decision-making. In a student-led clinic, students typically develop independence with the caseload quickly within a highly supportive learning environment. The student-led clinic model improves clinic productivity, patient care and student learning. Students develop a deeper understanding of collaborative care and scope of practice.

### What are some unique considerations in supporting students in the student-led clinic?

As one can imagine, protecting time for meaningful feedback with each student is a unique challenge within the student-led clinics. The Clinical Educators work to ensure an appropriate caseload for each student based on their individual learning needs and the clinic needs. The Clinical Educators also need to ensure they can absorb the caseload once the students complete the placement. Being organized and flexible is key! Supporting the needs of varying learning styles can be challenging - yet rewarding! And scheduling time for multiple ACP evaluations is a part of the time management and clinic management role.

We are so incredibly fortunate to have five student-led clinics within our province - with the *UBC Physical Therapy & Research Clinic* bringing that number to six incredible opportunities for our MPT students to thrive in this model.

**THANK YOU TO ALL OF OUR AMAZING CLINICAL EDUCATORS FOR THE ONGOING SUPPORT!**

## Happy Spring!

What an exciting time in the Department of Physical Therapy.

There is a buzz of anxious excitement amongst the MPT1 class, as they are keen to start their Level 1 placements this month! After two course blocks in their home base at the Friedman Building, the MPT1 students have a lot of foundational knowledge and skills to apply to your practice settings.

We look forward to welcoming our MPT2 students back to campus soon! Following two consecutive clinical placements (they now have four under their belts), the students will return for their final course block this spring/summer. A number of our second-year students have expressed such enthusiasm and appreciation for the richness of learning during their clinical placements.

We recently met applicants for our incoming 2019-2021 cohort during the MMIs (multi-mini interviews) at the beginning of March. We interviewed 160 applicants for our 80 seats. Preparations for orientation week are underway; we will extend a warm welcome to our newest cohort in August!

Thank you to all of our Clinical Educators for mentoring, challenging, and inspiring our students. We appreciate your support!

**BEST, KAREN**

Interested in becoming a UBC Clinical Faculty member?  
You just need to have supervised one student to start the process...

[Look here](#) or [email](#) for information!

**Did you know?**

## CASPer

This year CASPer scores were implemented into our admissions process for the incoming 2019-2021 cohort. CASPer (*Computer-Based Assessment for Sampling Personal Characteristics*) is an online test used as a selection tool designed as a situational judgment test.

Applicants view video clips of 12 different realistic dilemmas and respond to a series of open-ended questions. CASPer is designed to assess for behavioural attributes such as: empathy, communication, collaboration, problem solving and professionalism. CASPer scores are used by numerous health professional programs across Canada and internationally.

To learn more, go here: <https://takecasper.com/about-casper/>

## Grateful Greetings from Prince George!

We just finished tallying up the total number of clinical placements offered by our northern and rural clinical sites in 2018- you provided us with just short of 200 offers! A huge thank you to our clinical sites across the province!

Have you ever wondered how we define rural? The UBC Faculty of Medicine uses the Ministry of Health list of communities that are covered under the rural subsidiary agreement (RSA). This designation is based on a point system that considers medical isolation and living factors such as the number of designated specialties within 70 kilometres, number of GPs within 35 kilometres and community size. And of course northern refers to any community in the Northern Health region and in Yukon.

Furthermore, we are thrilled with the successes of our NRC graduates who are now giving back to the MPT program and taking students! We recently added six NRC graduates to our Clinical Educator workshop participant list and we look forward to them passing along their knowledge, skills and experiences as rural clinicians to our current students!

It was wonderful to connect with so many of you at Clinical Educator workshops around the province in the past few months. If I missed your community and you would like a refresher or have new staff you think we could entice, please don't hesitate to contact [physio@unbc.ca](mailto:physio@unbc.ca).



A beautiful vista (and a cautionary sign!), taken on a recent trip to Smithers to give a Clinical Educators workshop.

A huge bouquet of daffodils to all of you for helping build capacity for Northern and Rural placements (even if our daffodils are not yet making an appearance in Prince George!).

**CHEERS, ROBIN**



## WELCOME TO OUR NEW CLINICAL SITES

**Dockside Physiotherapy**  
(Victoria)

**Kids Physio Group - Cambie**  
(Vancouver)

**Parksville Physiotherapy Clinic**  
*New ownership - Welcome!*

**Saanich Physiotherapy and Sports Clinic**  
(Victoria)

**Urban Active Sport Therapy Clinic**  
(Vancouver)

## CONTACTS

**Karen Sauve**  
Associate Head,  
Clinical Education  
(UBC)  
[karen.sauve@ubc.ca](mailto:karen.sauve@ubc.ca)

**Carolyn Andersson**  
Clinical Education Officer  
(UBC)  
[carolyn.andersson@ubc.ca](mailto:carolyn.andersson@ubc.ca)  
OFFICE HOURS: Mon-Thu

**Ingrid Dill**  
Clinical Placement Officer  
(UBC)  
[ingrid.dill@ubc.ca](mailto:ingrid.dill@ubc.ca)  
OFFICE HOURS: Tue-Fri

**Robin Roots**  
Coordinator of Clinical  
Education  
Northern and Rural Cohort  
(Prince George)  
[robin.roots@ubc.ca](mailto:robin.roots@ubc.ca)

**Shannon Norum**  
Administrative Assistant  
Northern and Rural Cohort  
(Prince George)  
[physio@unbc.ca](mailto:physio@unbc.ca)