**Physical Activity Support Kit Initiative (PASKI)**

**Members of Core Committee, Advisory Committee and Working Groups**

|  |  |  |
| --- | --- | --- |
| *Core Committee* | *Title* | *Area of specialty* |
| Greg Noonan | Physiotherapy Practice Coordinator, Vancouver Coastal Health | Arthritis  Physical Therapy |
| Dr. Marie Westby | PT Teaching Supervisor, Mary Pack Arthritis Program  Clinical Associate Professor  UBC Department of PT | Arthritis  Physical Therapy  Knowledge Translation |
| Dr. Lynne Feehan | KT Lead, BC SUPPORT Unit  Clinical Associate Professor  UBC Department of PT | Arthritis, MSK (Osteoporosis / bone health)  Physical Therapy, Rehabilitation  Knowledge Translation |
| Dr. Zainisha Vasanji | Qualified Exercise Professional, Physical Activity Line & HealthLinkBC Physical Activity Services | Diabetes, Cardiac disease |
| Dr. Kim Miller | Senior Leader of Clinical Education and Special Projects Manager, Child Development & Rehabilitation Evidence Centre  Sunny Hill Centre for Children | Physical Therapy, Neurology, Cardiovascular, Knowledge Translation |
| Chiara Singh | Clinical Supervisor, Physiotherapy, Surrey Memorial Hospital & Clinical Associate Professor, UBC Department of Physical Therapy | Physical Therapy, Oncology |
| Rosalyn Jones (until 2018) | PT Practice Coordinator/Clinical Resource, Cardiology/Respiratory/ Chronic Disease Population | Chronic diseases (special emphasis on cardiorespiratory disease)  Physical Therapy |
| Angela Sealy (until Feb 2015) | Coordinator, Active Choices Program  Self Management BC | Self Management |
| Alison Hoens  *PASKI Project Lead* | Physical Therapy Knowledge Broker. Clinical Professor, UBC Department of PT. Physiotherapy Association of BC & Vancouver Coastal Health Research Institute | Physical Therapy, Knowledge Translation |
|  |  |  |
| *Students* |  |  |
| *Evaluation of resources*  *Evidence summaries* | Tarissa Alec, Tanveer Mahal, Matthew Walden, Bhavjot Kang, Yi Zhou, Hussein Mamdani,  Alfred Jeffrey, Tarissa Alec, Jessy Sidhu, Milad Biparva |  |
| *Analysis of survey; development of lay summary* | Bobbi Piche, Sandy Kennedy, Charl Stafleu, Robin Cater, Jana Scott, Bhavjot Kang |  |
| *Website design & development* | Lucas Ferreira, Ian Foster, Juan (Sarah) Sun |  |
| *Log & Icon design* | Connor Miller, Emily Carr University of Art and Design student, Logo and icon designer |  |
| *Advisory Committee* | *(Titles & affiliations reflect designation at time of participation)* | |
| Janet Bauer | Patient representative, PasP|PVN | Fibromyalgia, Chronic Fatigue, Osteoarthritis, Deg Disk Disease |
| Jean Shepard | Patient representative, PasP|PVN | Mitochondrial disease |
| Dr Karim Khan | Professor, UBC Dept of Family Practice | Activity for Public Health  Sports Medicine  Hip Health |
| Dr Scott Lear | Professor, SFU Dept of Faculty of Health Science | Cardiovascular disease |
| Dr Nardia Strydom | Family Physician; Regional Dept Head of Family Medicine VCH & PHC; Regional Medical Director of Primary Care, VCH; Clinical Associate Professor UBC Dept Medicine | Family Practice |
| Dr Garey Mazowita | Department of Community and Family Medicine (PHC); Clinical Professor, BC MOH physician rep on the General Practice Services and Shared Care | Family Practice |
| Dr Darren Warburton | Co-Director Physical Activity Promotion and Chronic Disease Prevention Unit (UBC)  Director Cardiovascular Physiology and Rehabilitation Laboratory UBC  Co-Director Physical Activity Support Line | Researcher – Kinesiology  Physical Activity and chronic disease |
| Dr Shannon Bredin | Associate Professor, Co-Director Physical Activity Promotion & Chronic Disease Prevention Unit, and Director Cognitive & Functional Learning Laboratory and the Systematic Reviews Research Laboratory UBC | Researcher – Physical Activity |
| Dr Janice Eng | Professor, UBC Department of Physical Therapy | Researcher – Neurology - stroke |
| Dr Mary Jung | Associate Professor  School of Health and Exercise Sciences | Faculty of Health and Social Development, UBC Okanagan | Researcher  Self-regulation of health behavior – physical activity |
| Dr Linda Li | Professor Harold Robinson / Arthritis Society Chair in Arthritic Diseases | Researcher - Physiotherapist  Clinician, Arthritis, Model of Care, Help-seeking, Communication Technology, Knowledge Translation |
| Dr Michael Hunt | Professor, UBC Dept of Physical Therapy | Researcher – Physiotherapist, Biomechanics, Musculoskeletal Rehabilitation, Osteoarthritis, Movement Analysis |
| Dr Pat Camp | Associate Professor, Clinician-Scientist PHC | Researcher - Physiotherapist  Clinician, Chronic Lung Disease |
| Dr Kristin Campbell | Professor, UBC Dept of Physical Therapy | Researcher – Physiotherapist, Oncology |
| Dr Teresa Liu- Ambrose | Professor, Canada Research Chair in Physical Activity, Mobility, and Cognitive Neuroscience | Researcher – Physiotherapist, Aging & Cognitive Health |
| Dr Elizabeth Dean | Professor, UBC Dept of Physical Therapy | Researcher – Health & wellness, Healthy lifestyle to prevent & manage chronic illness |
| Dr Tania Lam | Associate Professor, UBC School of Kinesiology | Researcher – Health & integrative physiology, gait rehab following neurological injury |
| Joy Parsons | Program Leader,  Fraser Health Rehab Program | Outpatient rehabilitation and community reintegration services |
| Elise Kayfetz | Community Development Officer for Canadian Association of Retired Persons |  |
| Nadine Plotnikoff | Chair, Sports Physiotherapy Canada | Clinician (Private Practice) - Physiotherapist, MSK/Ortho |
| Dr Martha MacKay | Clinical Nurse Specialist, Cardiology | RN, PhD |
| Dr Trish Parsons | Assistant Professor, Queens Univ. | Researcher – Renal Rehabilitation |
| Kofi Bonnie | RPN, Doctoral Student (Yale University) Clinical Nurse Specialist, Mental Health Providence Health Care | Clinician & Researcher – Mental health |
| Dr Jasmin Ma | Assistant Professor of Teaching, UBC School of Kinesiology  Clinician Investigator, Arthritis Research Canada | Research, Educator – Physical Activity, Arthritis, Spinal Cord Injury |
| Dr Annemarie Lee | Postdoc Fellow | Researcher – Pulmonary disease |
| Dr. Tania Janaudis Ferreira | Asst Prof Dept of Physical Therapy U of Toronto & Scientist at St. John’s Rehab Program of Sunnybrook Health Sciences Centre & West Park Healthcare Centre Toronto | Researcher – Pulmonary disease |
| Kate Lee  Bruce McLellan  Maggie Cheetham  Jaine Priest  Anna Kochergina | Representatives from BC Parks & Recreation |  |

|  |  |  |
| --- | --- | --- |
| *Working Groups* | *Members (Titles & affiliations reflect designation at time of participation)* | *Core Committee Facilitator* |
| Neurological  Stroke  Neurotrauma  Progressive | Jolaine Cowherd – Patient, PasP|PVN  Gilda Heath – Patient, PasP|PVN  Marilyn Araujo – PT (FHA)  Lisa Wechzelberger – OT (FHA)  Sarah Rowe – PT SCI (VCH)  Nicole Acerra – PT stroke, TBI/concussion, MS, PD/PSP  Kathleen Atagi – Recreation Therapist, neurotrauma or stroke (VIHA)  Karla Marshall – PT, PD (VIHA)  Christa Robertson – PT, VIHA  Emily Becker – Rec Therapist, Neuro (VIHA)  Joanna Gueret – PT, Stoke ABI (VCH)  Sara Buckley – PT, Neuro (VGH & private practice)  Catrien de Ruyter – PT, Neuro (IHA)  Ava Storey – PT, Neurological (FHA)  Jonathon Russell - PT, Neuro (VCH)  Pamela McClelland – PT (FHA)  Daniel Hewson – PT (VCH) stroke  Serena Maltais – Recreational Therapist (VCH)  Cindy Hayto - Case manager (FHA)  Salima Jeraj -PT (FHA)  Corinna Ng - PT (FHA)  Della Gallagher - PT (FHA)  Nicole Acerra - PT Clinical Specialist (VGH)  Farhana Dossa -PT (FHA)  Marie Louise Bird – PhD PT, (UBC, University of Tasmania)  Christa Robertson – PT (VIHA) | Dr Kim Miller |
| Cardiovascular  Heart  Hypertension  PVD | Teresa Whitehouse – Patient, PasP|PVN  Gerry Johnson – Patient, PasP|PVN  Wendy Morton- PT (VIHA) \*Until Feb 2015  Alex Edye-Mazowita - Exercise physiologist / kinesiologist (Manitoba)  Heidi Drygas – PT, Squamish  Scott Downey – PT, Penticton \*Until May 2015  Daniel Hewson – PT (VCH), asthma \*Until May 2015 | Rosalyn Jones  Greg Noonan |
| Respiratory  Asthma  COPD | Elaine Barnes – Patient, PasP|PVN (Asthma)  Marcella Simpson – Patient, PasP|PVN (COPD) \*Until May 2015  Chris Wigley –Patient, PasP|PVN (COPD) \*Until May 2015  Jane Burns – PT, - COPD  Brigette Wilkins – PT, respiratory, PHC \*Until May 2015  Heidi Drygas – PT, Squamish  Scott Downey – PT, Penticton \*Until May 2015  Daniel Hewson – PT (VCH), asthma \*Until May 2015 | Greg Noonan  Rosalyn Jones |
| Oncology | Peggy Brown – Patient, PasP|PVN  Leanne Stinson – Patient, PasP|PVN \*until March 2015  Anne Rankin – UBC Dept of Physical Therapy  Wendy Morton – PT (VIHA)  Lynita White – MSc Rehab Sc  Jennifer Kadgien – PT (VCH) Janelle Gehring – Nurse Practitioner (VCH)  Jill Kipnis – PT (PHC)  Sarah Buddingh Smith – PT (BCCA) | Angela Sealy until Feb 2015  Chiara Singh after Feb 2015 |
| Mental Health  Mood  Personality disorders  Addictions  Dementia | Randi Roy – Patient, PasP|PVN  Sandra Kelly – Patient, PasP|PVN  Christine Glennie-Visser – Patient, PasP|PVN  Aidan Scott – Patient partner  Martina Forster – OT (VIHA) \*until March 2015  Alex Edye-Mazowita - Exercise physiologist / kinesiologist (Manitoba)  Robert Kent Desrochers – RPN, PHC, Health Sciences Association Enhanced Disability Management Prgm Rep  Anne Leclerc – PT, PHC  Jeff Danielson – RN, CNL (PHC)  Beth Moewes – PT (VCH)  Megan Shields – OT (VCH)  Matthew Walden – student UBC  Tanveer Mahal – student SFU | Alison Hoens |
| Metabolic / Endocrine  Diabetes  Metabolic syndrome  Obesity | Leanne Warren –Patient, PasP|PVN (diabetes)  Sandra Swarbrick – Patient, PasP|PVN (diabetes)  Bill Goodacre – Patient, PasP|PVN (obesity) \*until March 2015  Marjorie Laven – Patient, PasP|PVN (obesity)  Kelly English – Patient partner  Kate Lee – BC Parks & Rec  Sharon Cassavant – PT (VCH)  Laura Ng – RN, Certified Diabetes Educator (VCH)  Crissy Stavrakov – RN (IHA) \*Until June 2015  Jaine Priest – BC Parks & Rec  Paul Dean – PT (PHC) | Dr. Zainisha Vasanji |
| Musculoskeletal  Arthritis  Osteoporosis  Chronic pain / fatigue | Michel White – Patient, PasP|PVN (OA & OP)  Deb Bigattii – Patient, PasP|PVN (bone health) \*Until Sept 2015  Mona Acker – Patient, PasP|PVN (chronic pain / fatigue)  Terran Ambrosone – Patient, PasP|PVN (chronic pain / fatigue) \*until April 2015  Wendy South - Patient, PasP|PVN (inflammatory arthritis) \* Until Sept 2015  James Ludvigson- Patient, PasP|PVN (inflammatory arthritis) \*Until Sept 2015  Judy Bogod- Patient, PasP|PVN (bone health/fall prevention) \*Until Sept 2015  Sheila Kerr – Patient partner  Kelly English – Patient partner  Phillipa Tattersall – Patient partner  Dr Michael Hunt – UBC Dept of PT, OA  Dawn Woods – PT osteoporosis \*Until 2015  Hannah Morley  - PT Chronic pain (FHA) \*Until July 2015  Liz Ball – PT (VCH) \*Until Jan 2015  Karen Tsui – PT (VCH, FHA) – Arthritis \*until Sept 2015  Sara Falkner – PT (VCH)  Sophia Zhao – PT (GFS – IA)  Wendy Watson – PT (VCH)  Darren Hagel – PT (VIHA) \*Until Sept 2015  Neil Pearson – PT, chronic pain \*until Sept 2015  Meena Sran – PT, bone health \*until Sept 2015  Ravi Jain \*Osteoporosis Canada – advisor  Dr Lora Giangregorio \*McMaster University – advisor | Dr. Marie Westby  Dr. Lynne Feehan |
| Renal | Brian Deakin – Patient, PasP|PVN (kidney)  Alyson Hagan-Johnson – Patient, PasP|PVN (kidney)  Lisa Ellerton – PT, Nephrology (FHA)  Susie Neufeld – PT (PHC)  Judy Lau – PT (PHC)  Andrea Civitarese - PT (PHC) | Alison Hoens |
| Helping You Make It Happen | Dr. Mary Jung – Associate Professor, UBC Okanagan  Phillipa Tattersall – Patient partner  Kelly English – Patient partner  Justin Baerg – BC PT Research Collaboration  Nancy Cho – BC PT Research Collaboration | Dr. Zainisha Vasanji |