Oxford Knee Score (OKS)

Measures pain & function in relation to daily activities

Phases	**ICF**	**Time**	**Administration**
Pre-op Post-acute Active living	Body function Activity[1]	5-10 mins[1]	Print and online versions

Quality

Validity

TKA: Good evidence for its content and construct validity.[3,4] TKA: Strong correlation with SF-36 physical subscore (r=-0.69 pre-op & -0.66 post-op) & Health Assessment Questionnaire disability index (r=0.60).[5,6]

Reliability

TKA: Excellent internal consistency ICC=.91-.94 [6,7]
Test-retest reliability: TKA: Good test-retest relialbility [6]; Knee OA: Good test-retest reliability for summary score (ICC=.93), pain (ICC=.91) & functional (ICC=.92) subscores.[8]

Responsiveness

TKA: Large effect size (2.19) from pre-op to 6-mos post-op.[5] TKA: Good sensitivity & responsiveness.[6]

Floor/ceiling effects

TKA/knee OA: No floor effect post-op[7] but significant ceiling effect ≥1-yr post-op.[6, 7, 9]

Feasibility

Quick to complete & score, routinely used in joint replacement clinical registries, however, requires free registration to use.

Instructions

Ask patient to respond to questions based on a 4-wk recall period. See 'Relevant Links' for detailed instructions.

Scoring: Score responses from 0 (worse) to 4 (best) for total score 0 to 48. Pain & function subscores can also be calculated. Note: In 2007, a new scoring system of 0 (worst) to 48 (best) was developed; previously it was 12 (best) to 60 (worst)- interpret and report scores accordingly.[2]

Interpretation

Direction: Higher score = better

SEM: TKA: 2.2 points (95% CI 1.8-2.9) [7]

MDC$_{90}$: TKA: 4-6.1 points [6, 7, 10]

MCID: TKA: 7 points [10]; Knee OA: 7.1 points [6] & the same at the individual patient level [11] Knee OA: After 4-wks of PT treatment, MCID = 17.5 points for functional component score [12]

Normative/Reference values: Pre- & post-TKR reference values available by age & gender.[13]

Interpretation (contd.)

Cut points/thresholds: TKA: Optimal threshold for success = 32.5 points, range 28.5–36.5 depending on pre-op scores.[14] Knee OA: Based on single Canadian surgeon's caseload, patients with OKS >32 points were deemed non-surgical.[15]

PASS: TKA: PASS values (CI) were similar at 3-mos =27 (26–28), 12-mos =30 (29–31), & 2-yrs=30 (29–31) post-op.[15] In another study, PASS at 6-mos post-op = 28 (95% CI 26.9-30.0) & 12-mos post-op = 32 (30.0-33.6).[16]

Other

Key messages: Recommended. Quick and easy to administer and score. Acceptable psychometric properties although there is a significant ceiling at ≥1-yr post-op. Commonly used in TKA registries. A license is required (free for clinical purposes) but can be accessed online from Orthopaedic Scores.

Translations: Available in multiple languages.[17]

Relevant Links

Summary & instructions (Oxford University)
Licencing (Oxford University)
List of available languages (Oxford University)[17]
Online fillable PDF (Orthopaedicscores.com)
Summary & instructions (Physiopedia)
Summary & instructions (Shirley Ryan AbilityLab)

References

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