Top-rated Videos: Rating Table

This table provides the rating, across raters, of criteria for potential inclusion of each option in the TJAOM Toolkit.

	Video link/ URL	Aligns/ matches the performance measure?	Appealing/ engaging design?	Appropriate content?	High quality audio?	High quality video?	Available in other languages?	Reputable organization?	Demonstrates safe practice?	Incorporates diversity?	Appropriate for patients?	Easily accessible?	OVERALL RATING
4mWT	https://www.youtube.com/watch?v=xLScK_NXUN0	green	green	green	green	green	gray	gray	yellow	yellow	green	green	green
6MWT	https://www.youtube.com/watch?v=dhJVekHUkec&t=1s	green	green	green	green	green	gray	green	green	green	green	green	green
10mWT	Video Pending												
30sCST	https://www.youtube.com/watch?v=RFkz33xwRRA	green	green	green	green	green	gray	green	green	green	green	green	green
40mFPWT	https://vimeo.com/74649742	green	yellow	green	green	yellow	gray	green	red	yellow	green		yellow
BESTest	http://www.bestest.us/ind/BESTest/index/Task1.html	green	green	green	green	green	gray	green	yellow	red	yellow	green	

Test	Link
Brief-BESTest	https://www.youtube.com/watch?v=X7ub2xHoCQM
Mini-BESTest	http://www.bestest.us/ind/miniBESTest/index/Task1.html
BBS	https://www.youtube.com/watch?v=mqr6nUb9X4k
FRT	https://www.youtube.com/watch?v=yYBmBkbvAyk
FSST or 4SST	https://www.youtube.com/watch?v=doaPhh3KJHM
SLS	https://www.youtube.com/watch?v=PzaeZjsVs5Q
SCT	https://vimeo.com/74649739
TUG or TUAG	https://www.youtube.com/watch?v=brhnt4KM_Oc

Abbreviations: : 4mWT, 4m walk test; 6MWT, 6 Minute Walk Test; 10mWT, 10m walk test 30sCST, 30 Second Chair Stand Test; 40mFPWT, 40m Fast-paced Walk Test; BESTest, Balance Evaluation Systems Test; BBS, Berg Balance Scale; Brief Balance Evaluation Systems Test; Brief-BESTest; FSST or 4SST, Four Square Step Test; FRT, Functional Reach Test; Mini-BESTest, Mini Balance Evaluation Systems Test; SLS: Single Leg Stance; SCT, Stair Climb Test; TUG, Timed Up and Go

Response options: Yes, green; Partially, yellow; No, red; No information, grey

Overall rating: Green, strongly recommend; Yellow, conditionally recommend; Red, , don't recommend; Grey: not enough info at this time to recommend/include

Note: This tool was modified from: (1) Patient Education Materials Tool for AudioVisual Materials (https://www.ahrq.gov/health-literacy/patient-education/pemat-av.html (2) Evaluation and Selection of Learning Resources: A Guide (http://www.gov.pe.ca/photos/original/ed_ESLR_08.pdf)

Rating Guide

Response options:

For each outcome measure, enter in each column your rating according to the following scale:

- Yes – meets all the criteria (green)
- Partially – meets some of the criteria (yellow)
- No – does not meet any of the criteria (red)
- No information – no information available to ascertain whether the criteria is met (grey)

Definitions Guide

1. **Aligns/matches the performance measure**
   - The set-up, instructions to patients, scoring, interpretation, etc. all align with our selected measure and according to the established instructions for the performance measure
        (e.g., the 10m self-paced walk test includes a 2m accel/decel zone with a 10 m walking distance rather than 1m accel/decel with an 8 m walk distance)
2. **Appealing/engaging design**
   - Visually appealing / engaging
        (e.g. not a distracting background, professional appearance, good lighting, contemporary not dated [not from the 1960's])
        (e.g. uses visual cues (e.g., arrows, boxes, bullets, bold, larger font, highlighting) to draw attention to key points)
3. **Appropriate content**
   - Complete and accurate instructions from start to end of test
   - Logical sequence (title of OM, who the intended audience is, what to say/how to do it, how to score it, how to interpret it)
4. **High quality audio**
   - Able to clearly hear all instructions (not too fast, not garbled)
   - No background noise
   - If there is music, it doesn't interfere with the instructions or distract from the test
5. **High quality video**
   - High resolution, not pixelated

- Able to clearly see all equipment, people, steps
- If using text or subtitles, all text is clearly legible and in plain language

6. **Available in other languages**
   - States that video is available in other languages or provides subtitles in another language

7. **Reputable organization**
   - States name of company/organization/individuals
   - Likely to remain 'active' e.g. not a private practice whose website may go down if they go out of business
   - Free of commercials/ads
   - Provides date/year video was created

8. **Demonstrates safe practice**
   - Demonstrates safe clinical practice e.g. chair stabilized against a wall; therapist providing appropriate level of standby supervision so patient doesn't fall

9. **Incorporates diversity**
   - Includes people (clinician and patient) of different age, gender, ethnicity, body type, etc. *this can't be expected in EACH video but a good aim across the selection of videos

10. **Appropriate for patients**
    - Suitable for a patient to view and understand (e.g., uses plain language, might show or discuss how to set up test at home)

11. **Easily accessible**
    - E.g. No registration required, no training required, no fee, don't have to "follow" in order to view video
    - Direct link to the video (don't have to search for link within larger document/webpage)

12. **Other**
    - *Please feel free to add other categories or features that you feel would be helpful in rating this/all videos

13. **Overall recommendation**
    - Your overall opinion of the video *please provide your judgment as to whether this OM should be considered by PT clinicians for this population
    - Green, strongly recommend; Yellow, conditionally recommend; Red, don't recommend; Grey, not enough info at this time to recommend/include